

Sussex County Championships. Schedule of Warm Up, & Gala times

Sunday 5th February Session 1 Long Distance events

Girls 800 Free Warm up 3.00 Start 3.30pm		Boys 1500 free Warm up 4.45pm Approximately	
Sign in by 3.15pm or you will be withdrawn.		Sign in by 5.00pm or you will be withdrawn	
Saturday 25th February		Sunday 26th February	
Session 2		Session 4	
8.30am Warm up. start 9.00am		8.30am Warm up. start 9.00am	
201	HDW Boys 10/Over 400 Individual Medley	401	HDW Girls 10/Over 400 Freestyle
2nd Warm up 9.30 am		2nd Warm up 9.45 am	
202	Heats Boys Open 4x100 Medley relay	402	Heats Girls Open 4x100 Freestyle relay
203	Heats Girls 9/Over 50 Breaststroke	403	Heats Boys 9/Over 50 Freestyle
204	Heats Boys 9/Over 50 Backstroke	404	Heats Girls 9/Over 50 Butterfly
205	Heats Girls 9/Over 200 Freestyle	405	Heats Boys 9/Over 200 Individual Medley
Finalists 15 Minute warm up		Finalists 15 Minute warm up	
Session 2(F)		Session 4(F)	
206	Finalists Boys open 50 Back Championship	406	Finalists Girls open 50 Fly Championship
207	Finalists Boys 11 Yrs 50 Back	407	Finalists Girls 10 Yrs 50 Fly
208	Finalists Boys 10 Yrs 50 Back	408	Finalists Girls 9 Yrs 50 Fly
209	Finalists Boys 9 Yrs 50 Back	409	Finalists Boys Open 50 F/s Championship
210	Finalists Girls Open 50 Breast Championship	410	Finalists Boys 11 Yrs 50 F/s
211	Finalists Girls 10 Yrs 50 Breast	411	Finalists Boys 10 Yrs 50 F/s
212	Finalists Girls 9 Yrs 50 Breast	412	Finalists Boys 9 Yrs 50 F/s
213	Finalists Boys Open 4x100 Medley relay Championship	413	Finalists Girls Open 4x100 F/s relay Championship
214	Finalists Girls Open 200 F/s Championship	414	Finalists Boys Open 200 IM Championship
Session 3		Session 5	
WARM UP 1.00pm		WARM UP 1.15PM	
301	Heats Boys 16/Under (Junior) 4x50 F/s relay	501	HDW Girls 9 years 4 x 25m Medley relay
302	Heats Girls 11/Over 100 Breaststroke	502	HDW Boys 9 years 4 x 25m Freestyle relay
303	HDW Boys 9/Over 200 Backstroke	503	HDW Girls 9/Over 200 Breaststroke
304	Heats Girls 11/Over 100 Freestyle	504	Heats Boys 12/Over 100 Butterfly
305	Heats Boys 9/Over 100 Individual Medley	505	Heats Girls 11/Over 100 Backstroke
Finalists 15 Minute warm up		Finalists 15 Minute warm up	
Session 3(F)		Session 5(F)	
306	Finalists Girls Open 100 Breast Championship	507	HDW Girls 9/Over 200 Butterfly
307	Finalists Girls 11 Yrs 100 Breast	Finalists 15 Minute warm up	
308	Finalists Girls 12 Yrs 100 Breast	508	Finalists Boys Open 100 Fly Championship
309	Finalists Girls 13 Yrs 100 Breast	509	Finalists Boys 12 Yrs 100 Fly
310	Finalists Girls 14 Yrs 100 Breast	510	Finalists Boys 13 Yrs 100 Fly
311	Finalists Boys Open 100 IM Championship	511	Finalists Boys 14 Yrs 100 Fly
312	Finalists Boys 9 Yrs 100 IM	512	Finalists Boys 15 Yrs 100 Fly
313	Finalists Boys 10 Yrs 100 IM	513	Finalists Girls Open 100 Back Championship
314	Finalists Boys 11 Yrs 100 IM	514	Finalists Girls 11 Yrs 100 back
315	Finalists Girls Open 100 F/s Championship	515	Finalists Girls 12 Yrs 100 back
316	Finalists Girls 11 Yrs 100 F/s	516	Finalists Girls 13 Yrs 100 back
317	Finalists Girls 12 Yrs 100 F/s	517	Finalists Girls 14 Yrs 100 back
318	Finalists Girls 13 Yrs 100 F/s	518	Finalists Boys Junior Championship 4x50 Medley relay
319	Finalists Girls 14 Yrs 100 F/s		
320	Finalists Boys Junior Championship 4x50 F/s relay		
ESTIMATED FINISH TIME 5.00PM		ESTIMATED FINISH TIME 4.45PM	
Saturday 17th March		Sunday 18th March	
Session 6		Session 8	
Warm up 8.30am Start 9.00		Warm up 8.30am Start 9.00	
601	HDW Girls 10/Over 400 Individual Medley	801	HDW Boys 10/Over 400 Freestyle
2nd Warm up 9.30 am		2nd Warm up 9.45 am	
602	Heats Girls Open 4x100 Medley relay	802	Heats Boys Open 4x100 Freestyle Relay
603	Heats Boys 9/Over 50 Breaststroke	803	Heats Girls 9/Over 50 Freestyle
604	Heats Girls 9/Over 50 Backstroke	804	Heats Boys 9/Over 50 Butterfly
605	Heats Boys 9/Over 200 Freestyle	805	Heats Girls 9/Over 200 Individual Medley
Finalists 15 Minute warm up		Finalists 15 Minute warm up	
Session 6(F)		Session 8(F)	
606	Finalists Girls open 50 Back Championship	806	Finalists Boys Open 50 Fly Championship
607	Finalists Girls 10 Yrs 50 Back	807	Finalists Boys 9 Yrs 50 Fly
608	Finalists Girls 9 Yrs 50 Back	808	Finalists Boys 10 Yrs 50 Fly
609	Finalists Boys open 50 Breast Championship	809	Finalists Boys 11 Yrs 50 Fly
610	Finalists Boys 11 Yrs 50 Breast	810	Finalists Girls Open 50 F/s Championship
611	Finalists Boys 10 Yrs 50 Breast	811	Finalists Girls 9 Yrs 50 F/s
612	Finalists Boys 9 Yrs 50 Breast	812	Finalists Girls 10 Yrs 50 F/s
613	Finalists Girls Open 4x100 Medley relay	813	Finalists Boys Open 4x100 F/s relay Championship
614	Finalists Boys Open 200 F/s Championship	814	Finalists Girls Open 200IM Championship
Session 7		Session 9	
WARM UP 1.00pm		WARM UP 1.15pm	
701	Heats Girls 16/Under (Junior) 4x50 F/s relay	901	HDW Boys 9 years 4 x 25m medley relay
702	Heats Boys 12/Over 100 Breaststroke	902	HDW Girls 9 years 4 x 25m freestyle relay
703	HDW Girls 9/Over 200 Backstroke	903	HDW Boys 9/Over 200 Breaststroke
704	Heats Boys 12/Over 100 Freestyle	904	Heats Girls 11/Over 100 Butterfly
705	Heats Girls 9/Over 100 Individual Medley	905	Heats Boys 12/Over 100 Backstroke
Finalists 15 Minute warm up		Finalists 15 Minute warm up	
Session 7(F)		Session 9(F)	
706	Finalists Boys Open 100 Breast Championship	907	HDW Boys 9/Over 200 Butterfly
707	Finalists Boys 12 Yrs 100 Breast	Finalists 15 Minute warm up	
708	Finalists Boys 13 Yrs 100 Breast	908	Finalists Girls open 100 Fly Championship
709	Finalists Boys 14 Yrs 100 Breast	909	Finalists Girls 11 Yrs 100 Fly
710	Finalists Boys 15 Yrs 100 Breast	910	Finalists Girls 12 Yrs 100 Fly
711	Finalists Girls Open 100 IM Championship	911	Finalists Girls 13 Yrs 100 Fly
712	Finalists Girls 9 Yrs 100 IM	912	Finalists Girls 14 Yrs 100 Fly
713	Finalists Girls 10 Yrs 100 IM	913	Finalists Boys open 100 Back Championship
714	Finalists Boys open 100 Freestyle Championship	914	Finalists Boys 12 Yrs 100 Back
715	Finalists Boys 12 Yrs 100 Freestyle	915	Finalists Boys 13 Yrs 100 Back
716	Finalists Boys 13 Yrs 100 Freestyle	916	Finalists Boys 14 Yrs 100 Back
717	Finalists Boys 14 Yrs 100 Freestyle	917	Finalists Boys 15 Yrs 100 Back
718	Finalists Boys 15 Yrs 100 Freestyle	918	Finalists Girls Junior Championship 4x50 Medley relay
719	Finalists Girls Junior Championship 4x50 F/s relay		
ESTIMATED FINISH TIME 5.00PM		ESTIMATED FINISH TIME 4.45PM	

The daily start times are confirmed as 8.30am warm up & 9.00am Start. please remember that all other timings are approximate and subject to changes on the day.