

| Sussex ASA Championships/Age Group | | | | | | | | | | |
|--|---------------------|-----|--------------|---------|-------|---------------------|-----|--------------|---------|-----|
| Under ASA Laws & ASA Technical Rules of Swimming | | | | | | | | | | |
| Session -12 | | | | | | | | | | |
| at K2 Crawley | | | | | | | | | | |
| EVENT 132 Boys 12 Yrs/Over 100m Breaststroke | | | | | | | | | | |
| 12 Yrs/Over Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Justin LANGFORD | 18 | Brighton | 1:10.11 | 25 | Ben TROUT | 16 | Crawley | 1:18.12 | |
| 2 | Leon MACLEAN | 17 | BurHill&HayH | 1:10.46 | 26 | Ben CLARK | 15 | Littleh'pton | 1:18.48 | |
| 3 | Tom ROOKE | 17 | Crawley | 1:11.51 | 27 | Tim FORD | 16 | Crawley | 1:19.85 | |
| 4 | Peter ROSS | 26 | BurHill&HayH | 1:11.76 | 28 | Sean KAYES | 16 | St Bedes Aq | 1:20.09 | |
| 5 | Joshua ALDOUS | 15 | Bognor Regis | 1:12.22 | 29 | Nicholas SALERNO | 12 | Bognor Regis | 1:20.51 | |
| 6 | Michael FABER | 16 | St Bedes Aq | 1:12.32 | 30 | Matthew GIBSON | 13 | BurHill&HayH | 1:20.97 | |
| 7 | Thomas Newman | 16 | East Gristd | 1:12.46 | 31 | Henry YOUNG | 12 | Shiverers | 1:21.39 | |
| 8 | Anthony WHITE | 16 | St Bedes Aq | 1:12.71 | 32 | Matthew RAWBIN | 13 | Crawley | 1:22.02 | |
| 9 | Jack BREWER | 15 | Crawley | 1:12.72 | 33 | Adam ROUNCIVELL | 14 | 1066swimmers | 1:22.16 | |
| 10 | Ben BROWN | 15 | East Grins'd | 1:12.83 | 34 | Stuart WOOLLISCROFT | 14 | Shiverers | 1:22.25 | |
| 11 | Thomas LAMB | 15 | St Bedes Aq | 1:13.26 | 35 | Tom CREED | 12 | Hastings | 1:22.41 | |
| 12 | Jamie RATHBONE | 17 | BurHill&HayH | 1:13.39 | 36 | Nathan DEAN | 14 | Crawley | 1:23.17 | |
| 13 | Jack PAYNE | 13 | Crawley | 1:13.63 | 37 | Jason WOOLDRIDGE | 14 | Crawley | 1:23.84 | |
| 14 | Mitchel MATTOCKS | 17 | Hastings | 1:14.44 | 38 | Benjamin JONES | 13 | St Bedes Aq | 1:23.90 | |
| 15 | Nathan THOMAS | 16 | Hastings | 1:14.94 | 39 | Sam BONSOR | 12 | Brighton | 1:24.18 | |
| 16 | Cameron BAX | 14 | Crawley | 1:15.23 | 40 | Jack DAVIDSON | 12 | Hastings | 1:24.41 | |
| 17 | Izaak ROSSER | 16 | Chichester | 1:15.48 | 41 | William CONDRON | 12 | Littleh'pton | 1:24.52 | |
| 18 | John INGLE | 16 | East Grins'd | 1:15.58 | 42 | Kwame AYISI | 14 | Shiverers | 1:24.82 | |
| 19 | George LANEY | 15 | Chichester | 1:15.79 | 43 | Thomas WHEELER | 12 | St Bedes Aq | 1:25.98 | |
| 20 | Thomas HESKETT | 15 | Hastings | 1:16.13 | 44 | Sam MOON | 12 | Hastings | 1:26.77 | |
| 21 | Jonathan BLYTH | 15 | Atlantis | 1:16.92 | 45 | Luke CHADWICK | 12 | Atlantis | 1:26.80 | |
| 22 | Alastair HARDINGE | 15 | Worthing | 1:17.52 | 46 | Michael GLOVER | 12 | Shiverers | 1:30.98 | |
| 23 | Howard BLYTH | 13 | Atlantis | 1:17.55 | 47 | Josh PANKHURST | 12 | East Grins'd | 1:32.67 | |
| 24 | Samuel WARREN | 16 | Lewes | 1:17.72 | | Ben PARKINSON | 18 | Littleh'pton | DQ | ST- |
| 12 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Nicholas SALERNO | 12 | Bognor Regis | 1:20.51 | 7 | Thomas WHEELER | 12 | St Bedes Aq | 1:25.98 | |
| 2 | Henry YOUNG | 12 | Shiverers | 1:21.39 | 8 | Sam MOON | 12 | Hastings | 1:26.77 | |
| 3 | Tom CREED | 12 | Hastings | 1:22.41 | 9 | Luke CHADWICK | 12 | Atlantis | 1:26.80 | |
| 4 | Sam BONSOR | 12 | Brighton | 1:24.18 | 10 | Michael GLOVER | 12 | Shiverers | 1:30.98 | |
| 5 | Jack DAVIDSON | 12 | Hastings | 1:24.41 | 11 | Josh PANKHURST | 12 | East Grins'd | 1:32.67 | |
| 6 | William CONDRON | 12 | Littleh'pton | 1:24.52 | | | | | | |
| 13 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Jack PAYNE | 13 | Crawley | 1:13.63 | 4 | Matthew RAWBIN | 13 | Crawley | 1:22.02 | |
| 2 | Howard BLYTH | 13 | Atlantis | 1:17.55 | 5 | Benjamin JONES | 13 | St Bedes Aq | 1:23.90 | |
| 3 | Matthew GIBSON | 13 | BurHill&HayH | 1:20.97 | | | | | | |
| 14 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Cameron BAX | 14 | Crawley | 1:15.23 | 4 | Nathan DEAN | 14 | Crawley | 1:23.17 | |
| 2 | Adam ROUNCIVELL | 14 | 1066swimmers | 1:22.16 | 5 | Jason WOOLDRIDGE | 14 | Crawley | 1:23.84 | |
| 3 | Stuart WOOLLISCROFT | 14 | Shiverers | 1:22.25 | 6 | Kwame AYISI | 14 | Shiverers | 1:24.82 | |
| 15 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Joshua ALDOUS | 15 | Bognor Regis | 1:12.22 | 6 | Thomas HESKETT | 15 | Hastings | 1:16.13 | |
| 2 | Jack BREWER | 15 | Crawley | 1:12.72 | 7 | Jonathan BLYTH | 15 | Atlantis | 1:16.92 | |
| 3 | Ben BROWN | 15 | East Grins'd | 1:12.83 | 8 | Alastair HARDINGE | 15 | Worthing | 1:17.52 | |
| 4 | Thomas LAMB | 15 | St Bedes Aq | 1:13.26 | 9 | Ben CLARK | 15 | Littleh'pton | 1:18.48 | |
| 5 | George LANEY | 15 | Chichester | 1:15.79 | | | | | | |
| 16 Yrs/Over Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Justin LANGFORD | 18 | Brighton | 1:10.11 | 10 | Nathan THOMAS | 16 | Hastings | 1:14.94 | |
| 2 | Leon MACLEAN | 17 | BurHill&HayH | 1:10.46 | 11 | Izaak ROSSER | 16 | Chichester | 1:15.48 | |
| 3 | Tom ROOKE | 17 | Crawley | 1:11.51 | 12 | John INGLE | 16 | East Grins'd | 1:15.58 | |
| 4 | Peter ROSS | 26 | BurHill&HayH | 1:11.76 | 13 | Samuel WARREN | 16 | Lewes | 1:17.72 | |
| 5 | Michael FABER | 16 | St Bedes Aq | 1:12.32 | 14 | Ben TROUT | 16 | Crawley | 1:18.12 | |
| 6 | Thomas Newman | 16 | East Gristd | 1:12.46 | 15 | Tim FORD | 16 | Crawley | 1:19.85 | |
| 7 | Anthony WHITE | 16 | St Bedes Aq | 1:12.71 | 16 | Sean KAYES | 16 | St Bedes Aq | 1:20.09 | |
| 8 | Jamie RATHBONE | 17 | BurHill&HayH | 1:13.39 | | Ben PARKINSON | 18 | Littleh'pton | DQ | ST- |
| 9 | Mitchel MATTOCKS | 17 | Hastings | 1:14.44 | | | | | | |
| 16 Yrs/Under Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Joshua ALDOUS | 15 | Bognor Regis | 1:12.22 | 22 | Sean KAYES | 16 | St Bedes Aq | 1:20.09 | |
| 2 | Michael FABER | 16 | St Bedes Aq | 1:12.32 | 23 | Nicholas SALERNO | 12 | Bognor Regis | 1:20.51 | |
| 3 | Thomas Newman | 16 | East Gristd | 1:12.46 | 24 | Matthew GIBSON | 13 | BurHill&HayH | 1:20.97 | |
| 4 | Anthony WHITE | 16 | St Bedes Aq | 1:12.71 | 25 | Henry YOUNG | 12 | Shiverers | 1:21.39 | |
| 5 | Jack BREWER | 15 | Crawley | 1:12.72 | 26 | Matthew RAWBIN | 13 | Crawley | 1:22.02 | |
| 6 | Ben BROWN | 15 | East Grins'd | 1:12.83 | 27 | Adam ROUNCIVELL | 14 | 1066swimmers | 1:22.16 | |
| 7 | Thomas LAMB | 15 | St Bedes Aq | 1:13.26 | 28 | Stuart WOOLLISCROFT | 14 | Shiverers | 1:22.25 | |
| 8 | Jack PAYNE | 13 | Crawley | 1:13.63 | 29 | Tom CREED | 12 | Hastings | 1:22.41 | |

| 9 | Nathan THOMAS | 16 | Hastings | 1:14.94 | | 30 | Nathan DEAN | 14 | Crawley | 1:23.17 | |
|--|------------------------|-----|--------------|---------|--|-------|------------------------|-----|--------------|---------|----|
| 10 | Cameron BAX | 14 | Crawley | 1:15.23 | | 31 | Jason WOOLDRIDGE | 14 | Crawley | 1:23.84 | |
| 11 | Izaak ROSSER | 16 | Chichester | 1:15.48 | | 32 | Benjamin JONES | 13 | St Bedes Aq | 1:23.90 | |
| 12 | John INGLE | 16 | East Grins'd | 1:15.58 | | 33 | Sam BONSOR | 12 | Brighton | 1:24.18 | |
| 13 | George LANEY | 15 | Chichester | 1:15.79 | | 34 | Jack DAVIDSON | 12 | Hastings | 1:24.41 | |
| 14 | Thomas HESKETT | 15 | Hastings | 1:16.13 | | 35 | William CONDRON | 12 | Littleh'pton | 1:24.52 | |
| 15 | Jonathan BLYTH | 15 | Atlantis | 1:16.92 | | 36 | Kwame AYISI | 14 | Shiverers | 1:24.82 | |
| 16 | Alastair HARDINGE | 15 | Worthing | 1:17.52 | | 37 | Thomas WHEELER | 12 | St Bedes Aq | 1:25.98 | |
| 17 | Howard BLYTH | 13 | Atlantis | 1:17.55 | | 38 | Sam MOON | 12 | Hastings | 1:26.77 | |
| 18 | Samuel WARREN | 16 | Lewes | 1:17.72 | | 39 | Luke CHADWICK | 12 | Atlantis | 1:26.80 | |
| 19 | Ben TROUT | 16 | Crawley | 1:18.12 | | 40 | Michael GLOVER | 12 | Shiverers | 1:30.98 | |
| 20 | Ben CLARK | 15 | Littleh'pton | 1:18.48 | | 41 | Josh PANKHURST | 12 | East Grins'd | 1:32.67 | |
| 21 | Tim FORD | 16 | Crawley | 1:19.85 | | | | | | | |
| EVENT 133 Girls 09/10 Yrs 100m IM | | | | | | | | | | | |
| 09 Yrs Age Group | | | | | | | | | | | |
| Place | Name | AaD | Club | Time | | Place | Name | AaD | Club | Time | |
| 1 | Ella WINDLE | 9 | Atlantis | 1:33.45 | | 8 | Jade STOCHER | 9 | Atlantis | 1:39.86 | |
| 2 | Emma EADES | 9 | East Grins'd | 1:33.49 | | 9 | Charlotte CHAPMAN | 9 | St Bedes Aq | 1:39.87 | |
| 3 | Grace COOK | 9 | East Grins'd | 1:33.73 | | 10 | Amy SMITH | 9 | Shiverers | 1:39.91 | |
| 4 | Annabel CURTIS | 9 | BurHill&HayH | 1:34.13 | | 11 | Gabrielle TAYLOR | 9 | Beacon | 1:40.63 | |
| 5 | Sophie QUACH | 9 | Worthing | 1:34.37 | | 12 | Veronica WILLIAMSON | 9 | Crawley | 1:42.66 | |
| 6 | Kally O'KEEFFE | 9 | Crawley | 1:36.37 | | 13 | Sophie GINN | 9 | Crawley | 1:43.42 | |
| 7 | Rosie SCORDOULIS | 9 | Worthing | 1:38.32 | | | Georgina SEARLE | 9 | Littleh'pton | DQ | T- |
| 10 Yrs Age Group | | | | | | | | | | | |
| Place | Name | AaD | Club | Time | | Place | Name | AaD | Club | Time | |
| 1 | Chloe POLLARD | 10 | 1066swimmers | 1:22.95 | | 10 | Ngaio-olivia WINTER | 10 | Atlantis | 1:31.42 | |
| 2 | Georgianna KLOOS | 10 | St Bedes Aq | 1:25.17 | | 11 | Florence MARGAROLI | 10 | Shiverers | 1:31.59 | |
| 3 | Hayley MACPHERSON | 10 | East Grins'd | 1:25.61 | | 12 | Jennifer NASH | 10 | Atlantis | 1:31.70 | |
| 4 | Katherine HORSFALL-TUR | 10 | St Bedes Aq | 1:26.60 | | 13 | Beverly VOLLER | 10 | Bognor Regis | 1:35.13 | |
| 5 | Roni MOSS | 10 | Brighton | 1:29.01 | | 14 | Georgia HUNT | 10 | East Grins'd | 1:35.37 | |
| 6 | Char:otte WARNES | 10 | Crawley | 1:29.57 | | 15 | Abigail PRICE | 10 | Shiverers | 1:36.08 | |
| 7 | Georgia CHURCHILL-WRIG | 10 | Crawley | 1:30.46 | | 16 | Marama-ellen WINTER | 10 | Atlantis | 1:37.37 | |
| 8 | Rachel WOOLLISCROFT | 10 | Shiverers | 1:30.80 | | 17 | Kathryn GRANT | 10 | East Grins'd | 1:37.95 | |
| 9 | Alice PETERS | 10 | BurHill&HayH | 1:31.34 | | | Hannah PATCHETT | 10 | Atlantis | DNF | |
| EVENT 134 Mens Open 400m Freestyle Team | | | | | | | | | | | |
| Place | Name | A.G | Club | Time | | Place | Name | A.G | Club | Time | |
| 1 | St Bedes Aquatic Club | | St Bedes Aq | 3:45.70 | | 6 | Hastings Seagull SC | | Hastings | 3:55.32 | |
| 2 | Burgess Hill and Hay A | | BurHill&HayH | 3:50.85 | | 7 | Crawley SC B | | Crawley | 4:00.39 | |
| 3 | East Grinstead | | East Grins'd | 3:51.13 | | 8 | Burgess Hill and Hay B | | BurHill&HayH | 4:01.79 | |
| 4 | Crawley SC A | | Crawley | 3:51.23 | | 9 | St.Bedes Aqu B | | St Bedes Aq | 4:10.39 | |
| 5 | Brighton A | | Brighton | 3:54.26 | | 10 | Brighton B | | Brighton | 4:19.49 | |
| EVENT 135 Girls 11 Yrs/Over 50m Butterfly | | | | | | | | | | | |
| 12 Yrs/Over Age Group | | | | | | | | | | | |
| Place | Name | AaD | Club | Time | | Place | Name | AaD | Club | Time | |
| 1 | Rachael I BOWEN | 17 | BurHill&HayH | 29.67 | | 11 | Tillie MILTON | 16 | Hastings | 32.55 | |
| 2 | Harriet LAMBOURNE | 14 | St Bedes Aq | 30.79 | | 12 | Emma PIPER | 17 | Worthing | 32.70 | |
| 3 | Zara WILLIAMS | 15 | Crawley | 31.01 | | 13 | Katy HARRIS | 14 | Atlantis | 32.85 | |
| 4 | Sarah PENNEY | 16 | Hastings | 31.16 | | 14 | Katrina CAWSEY | 14 | BurHill&HayH | 33.10 | |
| 5 | Hannah KEEN | 21 | Hastings | 31.19 | | 15 | Rachel LEGGETT | 14 | Littleh'pton | 33.46 | |
| 6 | Ciara MCGRATH | 14 | Shiverers | 31.50 | | 16 | Elanor LOVEMAN | 13 | Bognor Regis | 33.77 | |
| 7 | Mai ALLAND | 14 | BurHill&HayH | 31.66 | | 17 | Katie ADDISON | 15 | Bognor Regis | 33.79 | |
| 8 | Tya ALLUM | 15 | Crawley | 32.06 | | 18 | Rachel BELL | 16 | Shiverers | 34.24 | |
| 9 | Chloe COOK | 14 | East Grins'd | 32.13 | | 19 | Paige STANTON | 15 | Crawley | 34.45 | |
| 10 | Fiona JACKSON | 15 | Brighton | 32.52 | | 20 | Bridget WALLACE | 15 | Atlantis | 35.83 | |
| 11 Yrs/Over Age Group | | | | | | | | | | | |
| Place | Name | AaD | Club | Time | | Place | Name | AaD | Club | Time | |
| 1 | Rachael I BOWEN | 17 | BurHill&HayH | 29.67 | | 12 | Emma PIPER | 17 | Worthing | 32.70 | |
| 2 | Harriet LAMBOURNE | 14 | St Bedes Aq | 30.79 | | 13 | Katy HARRIS | 14 | Atlantis | 32.85 | |
| 3 | Zara WILLIAMS | 15 | Crawley | 31.01 | | 14 | Katrina CAWSEY | 14 | BurHill&HayH | 33.10 | |
| 4 | Sarah PENNEY | 16 | Hastings | 31.16 | | 15 | Rachel LEGGETT | 14 | Littleh'pton | 33.46 | |
| 5 | Hannah KEEN | 21 | Hastings | 31.19 | | 16 | Elanor LOVEMAN | 13 | Bognor Regis | 33.77 | |
| 6 | Ciara MCGRATH | 14 | Shiverers | 31.50 | | 17 | Katie ADDISON | 15 | Bognor Regis | 33.79 | |
| 7 | Mai ALLAND | 14 | BurHill&HayH | 31.66 | | 18 | Rachel BELL | 16 | Shiverers | 34.24 | |
| 8 | Tya ALLUM | 15 | Crawley | 32.06 | | 19 | Paige STANTON | 15 | Crawley | 34.45 | |
| 9 | Chloe COOK | 14 | East Grins'd | 32.13 | | 20 | Karen CHAN | 11 | Worthing | 35.58 | |
| 10 | Fiona JACKSON | 15 | Brighton | 32.52 | | 21 | Bridget WALLACE | 15 | Atlantis | 35.83 | |
| 11 | Tillie MILTON | 16 | Hastings | 32.55 | | | | | | | |
| 16 Yrs/Under Age Group | | | | | | | | | | | |
| Place | Name | AaD | Club | Time | | Place | Name | AaD | Club | Time | |
| 1 | Harriet LAMBOURNE | 14 | St Bedes Aq | 30.79 | | 10 | Katy HARRIS | 14 | Atlantis | 32.85 | |
| 2 | Zara WILLIAMS | 15 | Crawley | 31.01 | | 11 | Katrina CAWSEY | 14 | BurHill&HayH | 33.10 | |
| 3 | Sarah PENNEY | 16 | Hastings | 31.16 | | 12 | Rachel LEGGETT | 14 | Littleh'pton | 33.46 | |
| 4 | Ciara MCGRATH | 14 | Shiverers | 31.50 | | 13 | Elanor LOVEMAN | 13 | Bognor Regis | 33.77 | |
| 5 | Mai ALLAND | 14 | BurHill&HayH | 31.66 | | 14 | Katie ADDISON | 15 | Bognor Regis | 33.79 | |
| 6 | Tya ALLUM | 15 | Crawley | 32.06 | | 15 | Rachel BELL | 16 | Shiverers | 34.24 | |
| 7 | Chloe COOK | 14 | East Grins'd | 32.13 | | 16 | Paige STANTON | 15 | Crawley | 34.45 | |
| 8 | Fiona JACKSON | 15 | Brighton | 32.52 | | 17 | Karen CHAN | 11 | Worthing | 35.58 | |

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|--|------------------------|-----|--------------|---------|-------|------------------------|-----|--------------|---------|------|
| 9 | Tillie MILTON | 16 | Hastings | 32.55 | 18 | Bridget WALLACE | 15 | Atlantis | 35.83 | |
| EVENT 136 FINAL OF EVENT 132 Boys 12 Yrs/Over 100m Breaststroke | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Peter ROSS | 26 | BurHill&HayH | 1:04.68 | 5 | Michael FABER | 16 | St Bedes Aq | 1:11.58 | |
| 2 | Tom ROOKE | 17 | Crawley | 1:07.18 | 6 | Joshua ALDOUS | 15 | Bognor Regis | 1:11.82 | |
| 3 | Leon MACLEAN | 17 | BurHill&HayH | 1:07.43 | 7 | Thomas Newman | 16 | East Gristd | 1:12.00 | |
| 4 | Justin LANGFORD | 18 | Brighton | 1:09.08 | 8 | Anthony WHITE | 16 | St Bedes Aq | 1:18.41 | |
| EVENT 137 Girls Open 200m Backstroke | | | | | | | | | | |
| 09 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Grace COOK | 9 | East Grins'd | 3:13.48 | 6 | Charlotte CHAPMAN | 9 | St Bedes Aq | 3:20.60 | |
| 2 | Georgina SEARLE | 9 | Littleh'pton | 3:17.78 | 7 | Sophie QUACH | 9 | Worthing | 3:21.51 | |
| 3 | Rosie SCORDOULIS | 9 | Worthing | 3:19.47 | 8 | Kally O'KEEFFE | 9 | Crawley | 3:25.25 | |
| 4 | Ela WINDLE | 9 | Atlantis | 3:19.52 | 9 | Sophie GINN | 9 | Crawley | 3:31.41 | |
| 5 | Emma EADES | 9 | East Grins'd | 3:19.61 | 10 | Amy SMITH | 9 | Shiverers | 3:31.67 | |
| 10 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Georgianna KLOOS | 10 | St Bedes Aq | 2:53.08 | 8 | Ruth BONSOR | 10 | Brighton | 3:11.91 | |
| 2 | Chloe POLLARD | 10 | 1066swimmers | 2:56.94 | 9 | Florence MARGAROLI | 10 | Shiverers | 3:12.93 | |
| 3 | Katherine HORSFALL-TUR | 10 | St Bedes Aq | 2:57.87 | 10 | Rachel WOOLLISCROFT | 10 | Shiverers | 3:15.12 | |
| 4 | Roni MOSS | 10 | Brighton | 3:06.05 | 11 | Anna TURNER | 10 | Chichester | 3:24.37 | |
| 5 | Hannah PATCHETT | 10 | Atlantis | 3:07.58 | | Hayley MACPHERSON | 10 | East Grins'd | DQ | T- |
| 6 | Georgia CHURCHILL-WRIG | 10 | Crawley | 3:10.85 | | Abigail PRICE | 10 | Shiverers | DQ | T-7L |
| 7 | Alice Peters | 10 | Burgess Hill | 3:11.04 | | | | | | |
| 11 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Karen CHAN | 11 | Worthing | 2:42.97 | 9 | Clare FOWLIE | 11 | Shiverers | 2:56.82 | |
| 2 | Federica WILLIAMSON | 11 | Crawley | 2:43.64 | 10 | Charlotte BARNETT | 11 | Worthing | 2:57.21 | |
| 3 | Kelci O'KEEFFE | 11 | Crawley | 2:48.35 | 11 | Abby ROWE | 11 | Bognor Regis | 2:59.73 | |
| 4 | Daisy MARCHANT | 11 | Crawley | 2:50.32 | 12 | Paige FRANCOUL | 11 | Shiverers | 3:00.11 | |
| 5 | Peyten NEWBURY | 11 | St Bedes Aq | 2:52.17 | 13 | Emma DEDMAN | 11 | Crawley | 3:01.11 | |
| 6 | Alicia BUCK | 11 | East Grins'd | 2:54.92 | 14 | Rebecca ELPHICK | 11 | East Grins'd | 3:08.17 | |
| 7 | Darcy CUNNINGHAM-STOCK | 11 | Bognor Regis | 2:55.94 | 15 | Sarah JOHNSON | 11 | Shiverers | 3:09.95 | |
| 8 | Emma SMITH | 11 | Shiverers | 2:56.41 | | | | | | |
| 12 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Cristina RICHARDS | 12 | St Bedes Aq | 2:35.65 | 9 | Abigail LELLIOTT | 12 | Shiverers | 2:46.90 | |
| 2 | Amy MEDLOCK | 12 | Shiverers | 2:37.42 | 10 | Roxanne ADDISON | 12 | Brighton | 2:47.60 | |
| 3 | Rebekah CHAPMAN | 12 | St Bedes Aq | 2:38.21 | 11 | Abigail HOSIER | 12 | BurHill&HayH | 2:49.29 | |
| 4 | Olivia DICKIE | 12 | BurHill&HayH | 2:38.80 | 12 | Charlotte ROUNCIVELL | 12 | 1066swimmers | 2:50.10 | |
| 5 | Claire SHAW | 12 | BurHill&HayH | 2:42.30 | 13 | Rebecca SUTHERLAND | 12 | Atlantis | 2:52.05 | |
| 6 | Poppy KEENOR | 12 | Crawley | 2:43.55 | 14 | Laura JOSEPH | 12 | Worthing | 2:54.89 | |
| 7 | Jada SALIH | 12 | Brighton | 2:46.46 | | Anouska GREENAWAY | 12 | Shiverers | DNC | |
| 8 | Jessica FITZWARREN | 12 | Hastings | 2:46.80 | | | | | | |
| 13 Yrs Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Victoria TURNER | 13 | 1066swimmers | 2:25.75 | 6 | Rosemarie MILLER | 13 | Bognor Regis | 2:40.54 | |
| 2 | Esme MILLYARD | 13 | Crawley | 2:36.67 | 7 | Sarah INGLE | 13 | East Grins'd | 2:42.86 | |
| 3 | Alexandra HUNTER | 13 | Littleh'pton | 2:38.23 | 8 | Emily BIGNELL | 13 | East Grins'd | 2:43.12 | |
| 4 | Elanor LOVEMAN | 13 | Bognor Regis | 2:38.39 | 9 | Natalie DOBSON | 13 | Crawley | 2:49.51 | |
| 5 | Laura RISBY | 13 | BurHill&HayH | 2:38.52 | | | | | | |
| 16 Yrs/Under Age Group | | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
| 1 | Stephanie KETLEY | 15 | St Bedes Aq | 2:23.01 | 41 | Rebecca SUTHERLAND | 12 | Atlantis | 2:52.05 | |
| 2 | Sophie BROOKS | 14 | Crawley | 2:24.13 | 42 | Peyten NEWBURY | 11 | St Bedes Aq | 2:52.17 | |
| 3 | Victoria TURNER | 13 | 1066swimmers | 2:25.75 | 43 | Georgianna KLOOS | 10 | St Bedes Aq | 2:53.08 | |
| 4 | Katy HARRIS | 14 | Atlantis | 2:27.32 | 44 | Laura JOSEPH | 12 | Worthing | 2:54.89 | |
| 5 | Sara WILLIAMS | 14 | Crawley | 2:29.74 | 45 | Alicia BUCK | 11 | East Grins'd | 2:54.92 | |
| 6 | Fiona JACKSON | 15 | Brighton | 2:30.92 | 46 | Darcy CUNNINGHAM-STOCK | 11 | Bognor Regis | 2:55.94 | |
| 7 | Eleanor PARDOE | 15 | BurHill&HayH | 2:31.27 | 47 | Emma SMITH | 11 | Shiverers | 2:56.41 | |
| 8 | Katie ADDISON | 15 | Bognor Regis | 2:33.43 | 48 | Clare FOWLIE | 11 | Shiverers | 2:56.82 | |
| 9 | Cristina RICHARDS | 12 | St Bedes Aq | 2:35.65 | 49 | Chloe POLLARD | 10 | 1066swimmers | 2:56.94 | |
| 10 | Tya ALLUM | 15 | Crawley | 2:35.90 | 50 | Charlotte BARNETT | 11 | Worthing | 2:57.21 | |
| 11 | Esme MILLYARD | 13 | Crawley | 2:36.67 | 51 | Katherine HORSFALL-TUR | 10 | St Bedes Aq | 2:57.87 | |
| 12 | Rachel BELL | 16 | Shiverers | 2:37.30 | 52 | Abby ROWE | 11 | Bognor Regis | 2:59.73 | |
| 13 | Amy MEDLOCK | 12 | Shiverers | 2:37.42 | 53 | Paige FRANCOUL | 11 | Shiverers | 3:00.11 | |
| 14 | Rebekah CHAPMAN | 12 | St Bedes Aq | 2:38.21 | 54 | Emma DEDMAN | 11 | Crawley | 3:01.11 | |
| 15 | Alexandra HUNTER | 13 | Littleh'pton | 2:38.23 | 55 | Roni MOSS | 10 | Brighton | 3:06.05 | |
| 16 | Katrina CAWSEY | 14 | BurHill&HayH | 2:38.39 | 56 | Hannah PATCHETT | 10 | Atlantis | 3:07.58 | |
| 16 | Elanor LOVEMAN | 13 | Bognor Regis | 2:38.39 | 57 | Rebecca ELPHICK | 11 | East Grins'd | 3:08.17 | |
| 18 | Laura RISBY | 13 | BurHill&HayH | 2:38.52 | 58 | Sarah JOHNSON | 11 | Shiverers | 3:09.95 | |
| 19 | Olivia DICKIE | 12 | BurHill&HayH | 2:38.80 | 59 | Georgia CHURCHILL-WRIG | 10 | Crawley | 3:10.85 | |
| 20 | Rachel LEGGETT | 14 | Littleh'pton | 2:39.87 | 60 | Alice Peters | 10 | Burgess Hill | 3:11.04 | |
| 21 | Rosemarie MILLER | 13 | Bognor Regis | 2:40.54 | 61 | Ruth BONSOR | 10 | Brighton | 3:11.91 | |
| 22 | Gabriella KENT | 14 | East Grins'd | 2:40.88 | 62 | Florence MARGAROLI | 10 | Shiverers | 3:12.93 | |
| 23 | Bridget WALLACE | 15 | Atlantis | 2:41.51 | 63 | Grace COOK | 9 | East Grins'd | 3:13.48 | |
| 24 | Florence TURNER | 14 | Crawley | 2:42.24 | 64 | Rachel WOOLLISCROFT | 10 | Shiverers | 3:15.12 | |

| | | | | | | | | | | |
|----|----------------------|----|--------------|---------|----|-------------------|----|--------------|---------|------|
| 25 | Claire SHAW | 12 | BurHill&HayH | 2:42.30 | 65 | Georgina SEARLE | 9 | Littleh'pton | 3:17.78 | |
| 26 | Sarah INGLE | 13 | East Grins'd | 2:42.86 | 66 | Rosie SCORDOULIS | 9 | Worthing | 3:19.47 | |
| 27 | Karen CHAN | 11 | Worthing | 2:42.97 | 67 | Ella WINDLE | 9 | Atlantis | 3:19.52 | |
| 28 | Emily BIGNELL | 13 | East Grins'd | 2:43.12 | 68 | Emma EADES | 9 | East Grins'd | 3:19.61 | |
| 29 | Poppy KEENOR | 12 | Crawley | 2:43.55 | 69 | Charlotte CHAPMAN | 9 | St Bedes Aq | 3:20.60 | |
| 30 | Federica WILLIAMSON | 11 | Crawley | 2:43.64 | 70 | Sophie QUACH | 9 | Worthing | 3:21.51 | |
| 31 | Jada SALIH | 12 | Brighton | 2:46.46 | 71 | Anna TURNER | 10 | Chichester | 3:24.37 | |
| 32 | Jessica FITZWARREN | 12 | Hastings | 2:46.80 | 72 | Kally O'KEEFFE | 9 | Crawley | 3:25.25 | |
| 33 | Abigail LELLIOTT | 12 | Shiverers | 2:46.90 | 73 | Sophie GINN | 9 | Crawley | 3:31.41 | |
| 34 | Lara CONTINI | 15 | Atlantis | 2:47.30 | 74 | Amy SMITH | 9 | Shiverers | 3:31.67 | |
| 35 | Roxanne ADDISON | 12 | Brighton | 2:47.60 | | Anouska GREENAWAY | 12 | Shiverers | DNC | |
| 36 | Kelci O'KEEFFE | 11 | Crawley | 2:48.35 | | Emily GAFFNEY | 14 | Shiverers | DNC | |
| 37 | Abigail HOSIER | 12 | BurHill&HayH | 2:49.29 | | Camilla FREEMAN | 14 | East Grins'd | DNC | |
| 38 | Natalie DOBSON | 13 | Crawley | 2:49.51 | | Hayley MACPHERSON | 10 | East Grins'd | DQ | T- |
| 39 | Charlotte ROUNCIVELL | 12 | 1066swimmers | 2:50.10 | | Chloe COOK | 14 | East Grins'd | DQ | T- |
| 40 | Daisy MARCHANT | 11 | Crawley | 2:50.32 | | Abigail PRICE | 10 | Shiverers | DQ | T-7L |

Open Age Group

| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
|-------|------------------------|-----|--------------|---------|-------|------------------------|-----|--------------|---------|------|
| 1 | Charlotte WOOLLISCROFT | 17 | Shiverers | 2:20.34 | 43 | Daisy MARCHANT | 11 | Crawley | 2:50.32 | |
| 2 | Stephanie KETLEY | 15 | St Bedes Aq | 2:23.01 | 44 | Rebecca SUTHERLAND | 12 | Atlantis | 2:52.05 | |
| 3 | Sophie BROOKS | 14 | Crawley | 2:24.13 | 45 | Peyten NEWBURY | 11 | St Bedes Aq | 2:52.17 | |
| 4 | Victoria TURNER | 13 | 1066swimmers | 2:25.75 | 46 | Georgianna KLOOS | 10 | St Bedes Aq | 2:53.08 | |
| 5 | Katy HARRIS | 14 | Atlantis | 2:27.32 | 47 | Laura JOSEPH | 12 | Worthing | 2:54.89 | |
| 6 | Sara WILLIAMS | 14 | Crawley | 2:29.74 | 48 | Alicia BUCK | 11 | East Grins'd | 2:54.92 | |
| 7 | Fiona JACKSON | 15 | Brighton | 2:30.92 | 49 | Darcy CUNNINGHAM-STOCK | 11 | Bognor Regis | 2:55.94 | |
| 8 | Eleanor PARDOE | 15 | BurHill&HayH | 2:31.27 | 50 | Emma SMITH | 11 | Shiverers | 2:56.41 | |
| 9 | Katie ADDISON | 15 | Bognor Regis | 2:33.43 | 51 | Clare FOWLIE | 11 | Shiverers | 2:56.82 | |
| 10 | Sarah ROBERTS | 17 | BurHill&HayH | 2:34.81 | 52 | Chloe POLLARD | 10 | 1066swimmers | 2:56.94 | |
| 11 | Cristina RICHARDS | 12 | St Bedes Aq | 2:35.65 | 53 | Charlotte BARNETT | 11 | Worthing | 2:57.21 | |
| 12 | Tya ALLUM | 15 | Crawley | 2:35.90 | 54 | Katherine HORSFALL-TUR | 10 | St Bedes Aq | 2:57.87 | |
| 13 | Esme MILLYARD | 13 | Crawley | 2:36.67 | 55 | Abby ROWE | 11 | Bognor Regis | 2:59.73 | |
| 14 | Rachel BELL | 16 | Shiverers | 2:37.30 | 56 | Paige FRANCOUL | 11 | Shiverers | 3:00.11 | |
| 15 | Amy MEDLOCK | 12 | Shiverers | 2:37.42 | 57 | Emma DEDMAN | 11 | Crawley | 3:01.11 | |
| 16 | Rebekah CHAPMAN | 12 | St Bedes Aq | 2:38.21 | 58 | Roni MOSS | 10 | Brighton | 3:06.05 | |
| 17 | Alexandra HUNTER | 13 | Littleh'pton | 2:38.23 | 59 | Hannah PATCHETT | 10 | Atlantis | 3:07.58 | |
| 18 | Katrina CAWSEY | 14 | BurHill&HayH | 2:38.39 | 60 | Rebecca ELPHICK | 11 | East Grins'd | 3:08.17 | |
| 18 | Elanor LOVEMAN | 13 | Bognor Regis | 2:38.39 | 61 | Sarah JOHNSON | 11 | Shiverers | 3:09.95 | |
| 20 | Laura RISBY | 13 | BurHill&HayH | 2:38.52 | 62 | Georgia CHURCHILL-WRIG | 10 | Crawley | 3:10.85 | |
| 21 | Olivia DICKIE | 12 | BurHill&HayH | 2:38.80 | 63 | Alice Peters | 10 | Burgess Hill | 3:11.04 | |
| 22 | Rachel LEGGETT | 14 | Littleh'pton | 2:39.87 | 64 | Ruth BONSOR | 10 | Brighton | 3:11.91 | |
| 23 | Rosemarie MILLER | 13 | Bognor Regis | 2:40.54 | 65 | Florence MARGAROLI | 10 | Shiverers | 3:12.93 | |
| 24 | Gabriella KENT | 14 | East Grins'd | 2:40.88 | 66 | Grace COOK | 9 | East Grins'd | 3:13.48 | |
| 25 | Bridget WALLACE | 15 | Atlantis | 2:41.51 | 67 | Rachel WOOLLISCROFT | 10 | Shiverers | 3:15.12 | |
| 26 | Rachael I BOWEN | 17 | BurHill&HayH | 2:41.71 | 68 | Georgina SEARLE | 9 | Littleh'pton | 3:17.78 | |
| 27 | Florence TURNER | 14 | Crawley | 2:42.24 | 69 | Rosie SCORDOULIS | 9 | Worthing | 3:19.47 | |
| 28 | Claire SHAW | 12 | BurHill&HayH | 2:42.30 | 70 | Ella WINDLE | 9 | Atlantis | 3:19.52 | |
| 29 | Sarah INGLE | 13 | East Grins'd | 2:42.86 | 71 | Emma EADES | 9 | East Grins'd | 3:19.61 | |
| 30 | Karen CHAN | 11 | Worthing | 2:42.97 | 72 | Charlotte CHAPMAN | 9 | St Bedes Aq | 3:20.60 | |
| 31 | Emily BIGNELL | 13 | East Grins'd | 2:43.12 | 73 | Sophie QUACH | 9 | Worthing | 3:21.51 | |
| 32 | Poppy KEENOR | 12 | Crawley | 2:43.55 | 74 | Anna TURNER | 10 | Chichester | 3:24.37 | |
| 33 | Federica WILLIAMSON | 11 | Crawley | 2:43.64 | 75 | Kally O'KEEFFE | 9 | Crawley | 3:25.25 | |
| 34 | Jada SALIH | 12 | Brighton | 2:46.46 | 76 | Sophie GINN | 9 | Crawley | 3:31.41 | |
| 35 | Jessica FITZWARREN | 12 | Hastings | 2:46.80 | 77 | Amy SMITH | 9 | Shiverers | 3:31.67 | |
| 36 | Abigail LELLIOTT | 12 | Shiverers | 2:46.90 | | Anouska GREENAWAY | 12 | Shiverers | DNC | |
| 37 | Lara CONTINI | 15 | Atlantis | 2:47.30 | | Emily GAFFNEY | 14 | Shiverers | DNC | |
| 38 | Roxanne ADDISON | 12 | Brighton | 2:47.60 | | Camilla FREEMAN | 14 | East Grins'd | DNC | |
| 39 | Kelci O'KEEFFE | 11 | Crawley | 2:48.35 | | Hayley MACPHERSON | 10 | East Grins'd | DQ | T- |
| 40 | Abigail HOSIER | 12 | BurHill&HayH | 2:49.29 | | Chloe COOK | 14 | East Grins'd | DQ | T- |
| 41 | Natalie DOBSON | 13 | Crawley | 2:49.51 | | Abigail PRICE | 10 | Shiverers | DQ | T-7L |
| 42 | Charlotte ROUNCIVELL | 12 | 1066swimmers | 2:50.10 | | | | | | |

EVENT 138 FINAL OF EVENT 132 Boys 12 Yrs 100m Breaststroke

| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
|-------|------------------|-----|--------------|---------|-------|-----------------|-----|--------------|---------|-----|
| 1 | Henry YOUNG | 12 | Shiverers | 1:18.84 | 5 | William CONDRON | 12 | Littleh'pton | 1:24.13 | |
| 2 | Nicholas SALERNO | 12 | Bognor Regis | 1:18.97 | 6 | Jack DAVIDSON | 12 | Hastings | 1:24.16 | |
| 3 | Tom CREED | 12 | Hastings | 1:22.24 | 7 | Thomas WHEELER | 12 | St Bedes Aq | 1:25.53 | |
| 4 | Sam BONSOR | 12 | Brighton | 1:22.82 | | Sam MOON | 12 | Hastings | DQ | ST- |

EVENT 139 FINAL OF EVENT 132 Boys 13 Yrs 100m Breaststroke

| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
|-------|----------------|-----|----------|---------|-------|----------------|-----|--------------|---------|--|
| 1 | Jack PAYNE | 13 | Crawley | 1:12.81 | 4 | Matthew GIBSON | 13 | BurHill&HayH | 1:21.83 | |
| 2 | Howard BLYTH | 13 | Atlantis | 1:15.80 | 5 | Benjamin JONES | 13 | St Bedes Aq | 1:25.71 | |
| 3 | Matthew RAWBIN | 13 | Crawley | 1:21.82 | | | | | | |

EVENT 140 FINAL OF EVENT 132 Boys 14 Yrs 100m Breaststroke

| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time | |
|-------|-----------------|-----|--------------|---------|-------|---------------------|-----|-----------|---------|--|
| 1 | Cameron BAX | 14 | Crawley | 1:15.48 | 4 | Jason WOOLDRIDGE | 14 | Crawley | 1:22.79 | |
| 2 | Adam ROUNCIVELL | 14 | 1066swimmers | 1:19.53 | 5 | Kwame AYISI | 14 | Shiverers | 1:23.23 | |
| 3 | Nathan DEAN | 14 | Crawley | 1:22.30 | | Stuart WOOLLISCROFT | 14 | Shiverers | DNC | |

EVENT 141 FINAL OF EVENT 132 Boys 15 Yrs 100m Breaststroke

| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time |
|--|------------------------|-----|--------------|---------|-------|------------------------|-----|--------------|---------|
| 1 | Joshua ALDOUS | 15 | Bognor Regis | 1:11.59 | 5 | George LANEY | 15 | Chichester | 1:15.13 |
| 2 | Jack BREWER | 15 | Crawley | 1:11.78 | 6 | Alastair HARDINGE | 15 | Worthing | 1:17.21 |
| 3 | Ben BROWN | 15 | East Grins'd | 1:12.89 | 7 | Thomas HESKETT | 15 | Hastings | 1:17.45 |
| 4 | Thomas LAMB | 15 | St Bedes Aq | 1:13.02 | 8 | Jonathan BLYTH | 15 | Atlantis | 1:18.27 |
| EVENT 142 FINAL OF EVENT 132 Boys 16 Yrs/Over 100m Breaststroke | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time |
| 1 | Peter ROSS | 26 | BurHill&HayH | 1:05.76 | 5 | Anthony WHITE | 16 | St Bedes Aq | 1:13.85 |
| 2 | Tom ROOKE | 17 | Crawley | 1:07.29 | 6 | Jamie RATHBONE | 17 | BurHill&HayH | 1:14.53 |
| 3 | Leon MACLEAN | 17 | BurHill&HayH | 1:09.81 | 7 | Nathan Thomas | 16 | Hastings | 1:14.79 |
| 4 | Thomas Newman | 16 | East Gristd | 1:12.44 | 8 | Justin LANGFORD | 18 | Brighton | 1:16.61 |
| EVENT 143 FINAL OF EVENT 135 Girls 12 Yrs/Over 50m Butterfly | | | | | | | | | |
| Place | Name | AaD | Club | Time | Place | Name | AaD | Club | Time |
| 1 | Rachael I BOWEN | 17 | BurHill&HayH | 29.49 | 5 | Hannah KEEN | 21 | Hastings | 30.94 |
| 2 | Harriet LAMBOURNE | 14 | St Bedes Aq | 30.46 | 6 | Tya ALLUM | 15 | Crawley | 31.30 |
| 3 | Sarah PENNEY | 16 | Hastings | 30.82 | 7 | Mai ALLAND | 14 | BurHill&HayH | 31.50 |
| 4 | Zara WILLIAMS | 15 | Crawley | 30.86 | 8 | Ciara MCGRATH | 14 | Shiverers | 31.55 |
| EVENT 144 FINAL OF EVENT 134 Mens Open 400m Freestyle Team | | | | | | | | | |
| Place | Name | A.G | Club | Time | Place | Name | A.G | Club | Time |
| 1 | East Grinstead | | East Grins'd | 3:37.14 | 5 | Crawley SC A | | Crawley | 3:45.89 |
| 2 | St Bedes Aquatic Club | | St Bedes Aq | 3:41.11 | 6 | Hastings Seagull SC | | Hastings | 3:50.59 |
| 3 | Brighton A | | Brighton | 3:43.25 | 7 | Burgess Hill and Hay B | | BurHill&HayH | 3:57.49 |
| 4 | Burgess Hill and Hay A | | BurHill&HayH | 3:44.22 | 8 | Crawley SC B | | Crawley | 4:00.66 |