

New Swimsuit Rules:

Enforced from January 1 2010

The swimming gods have spoken. From 1 January 2010 the Speedo LZR, BlueSeventy Nero, Aqua Zone Renegade, Jaked, and some Arena swimsuits will be banned.

The new rules are very complex but for the average swimmer the main concern will be skin coverage and length of suits.

A small part of the regulations (the basics) are detailed below.

Only one swimsuit can be worn at a time during racing.

Skin Surface coverage:

MALE:

The swimsuit shall not extend above the navel, nor go below the knee.

FEMALE:

The costume shall not cover the neck or extend past the shoulders, nor extend below the knee. (It may be a 1 or 2 piece costume).

If you have a costume which does not comply with these regulations then it must be replaced before racing in 2010.

If you are unsure then please ask your coach.