

Record conditions

Extracted from Sussex County ASA general conditions.

- Records will only be recognised if they are made by eligible competitors who are members of Sussex clubs affiliated to the ASA. Entry is subject to compliance with Rule 19 of the County Associations Rules.
- A record may be made in any event organised by the A.S.A., A.S.A. S.E. Region, Sussex County A.S.A., E.S.S.A. or, at any other appropriately licensed meet.
- There shall be all Course Records for Men and Women, and for Open and Junior age classification. A junior record will be recognised only if it is made by a swimmer who is under sixteen years of age on the date the records is made.
- The pool shall not be less than twenty-five metres in length for All Course Records. For all records the start and finish will be at the end of the pool.
- The claimant must submit all applications for records within 28 days of the attempt. Following ratification of the records a Certificate will be issued to the successful swimmer.
- The following distances only will be recognised for County and/or Championship records:

Individual events:

Freestyle	50m	100m	200m	400m	800m	1500m
Backstroke	50m	100m	200m			
Breaststroke	50m	100m	200m			
Butterfly	50m	100m	200m			
Individual Medley		100m	200m	400m		

Team events:

Freestyle	Junior	4x50m
	Men/Women	4x100m
Medley	Junior	4x 50m
	Men/Women	4x100m