

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 101 Mixed 120-159 200 SC Meter Medley Relay 120+**

Team	Relay	Seed Time	Finals Time	Points
1 Crawley Swimming Club-SE	A	1:59.00	2:01.53	8
1) Wright, Lynsey E W24	2) Croydon-Kempster, Sophy W24	3) Duke, Simon M44	4) Marx, Marnus J M44	
2 Hastings Seagull SC	A	2:08.09	2:09.31	7
1) Batchelor, Samuel M40	2) Goforth, Alex M42	3) Chapman, Lisa W39	4) Matthews, Amber W19	
3 Crawley Swimming Club-SE	B	2:14.40	2:12.78	6
1) Austin, Lucy G W20	2) Lungley, Oli J M28	3) Andrews, Scott J M27	4) Brown, Becky W52	
4 Eastbourne Swimming Club	A	2:11.82	2:12.91	5
1) Krouwel, Kirsty W44	2) Hekman, Stefan M38	3) Stannard, Megan W19	4) Woodward, Ian M53	
5 Crawley Swimming Club-SE	C	2:12.19	2:18.25	4
1) Schofield, Martin M24	2) Wortham, Mark M51	3) Monaghan, Becky W25	4) Mickel, Brooke M W20	
6 Crawley Swimming Club-SE	D	2:19.72	2:23.32	3
1) Kloes, Colin M44	2) Sandhu, Kiran K W18	3) Valovin, Isabel W18	4) Cargill, David M51	
7 Lewes Swimming Club	A	NT	2:32.10	2
1) Fisher, Louis A M22	2) Attrell, Elaine V W47	3) Baker, Harry T M18	4) Johnston, Jenn K W40	
8 Beacon Swimming Club	A	2:40.55	2:37.01	1
1) Christmas, Jo W24	2) Maxwell, Karen W52	3) Masterson, Stuart M46	4) Wadman, Will M31	

Event 102 Mixed 200-239 200 SC Meter Medley Relay 200+

1 Crawley Swimming Club-SE	A	2:16.04	2:13.51	8
1) Amaral Pinto, Goncalo M35	2) Sprigge, Linda W63	3) Robertson, Mark M61	4) Mickel, Lisa W51	
2 Crawley Swimming Club-SE	B	2:18.98	2:20.03	7
1) Tilley, Clarissa J W47	2) McDonald, Nigel M59	3) Emens, Nick M59	4) Burchell, Sharon W47	
3 Bighton Dolphin	A	NT	2:26.52	6
1) Christmas, Diane W56	2) Weighton, Angela W52	3) Bull, Fabian M51	4) McDonald, Robert M57	
4 Mid Sussex Marlins	A	2:20.00	2:30.38	5
1) Gale, Ann W67	2) Disney, Matthew M52	3) Mills, Sally W68	4) Allen, Paul M51	
5 Hailsham Swim Club-SE	A	2:33.22	2:31.65	4
1) Dolan, Sam W51	2) Merchant, Paul M43	3) Lindsay, Charlie M53	4) Read, Jo W61	
6 Crawley Swimming Club-SE	C	2:47.75	2:35.30	3
1) Linton - Cook, Vicki W59	2) Oxlade, Andrew J M50	3) Lapinski, Jacek M48	4) Artemenkova, Claire W46	
7 Arun Tridents SC-SE	A	NT	2:44.14	2
1) Toler, Emma W56	2) Feaver, Ayshea W49	3) Stickland, Steve P M66	4) Varisco, Vittorio M55	
8 Crawley Swimming Club-SE	D	2:47.25	2:46.12	1
1) Spencer, Zoe D W48	2) Valovin, Dan M49	3) Johnson, Calvin J M43	4) Bassett, Sheena W62	

Event 103 Women 18-24 100 SC Meter Freestyle

1 Croydon-Kempster, Sophy	24 Crawley Swimming Club-SE	59.58	1:02.51	8
2 Collins, Bethany	24 Hailsham Swim Club-SE	1:07.98	1:05.30	7
3 Jones, Yasmin	18 Crawley Swimming Club-SE	1:01.90	1:05.35	6
4 Sandhu, Kiran K	18 Crawley Swimming Club-SE	1:02.30	1:05.72	5
5 Davies, Rachel	18 Crawley Swimming Club-SE	1:03.50	1:07.72	4
6 Key, Eloise	19 Eastbourne Swimming Club	1:06.57	1:09.03	3
7 Wright, Lynsey E	24 Crawley Swimming Club-SE	1:06.91	1:13.91	2

Event 103 Women 25-29 100 SC Meter Freestyle

1 Monaghan, Becky	25 Crawley Swimming Club-SE	1:15.00	1:15.39	8
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Event 103 Women 30-34 100 SC Meter Freestyle

1 Bowen, Rachael	33 Mid Sussex Marlins	1:02.00	1:00.69	8
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Event 103 Women 40-44 100 SC Meter Freestyle

1 Marx, Rentia	41 Crawley Swimming Club-SE	1:25.00	1:29.44	8
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Event 103 Women 45-49 100 SC Meter Freestyle

1 Burchell, Sharon	47 Crawley Swimming Club-SE	1:10.63	1:11.85	8
2 Tilley, Clarissa J	47 Crawley Swimming Club-SE	1:16.03	1:16.28	7

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****(Event 103 Women 45-49 100 SC Meter Freestyle)**

3	Casey, Louise	47	Chichester Cormorants Swimming	1:30.00	1:43.33	6
4	Macklen, Ginny	47	Beacon Swimming Club	1:45.60	1:44.69	5

Event 103 Women 50-54 100 SC Meter Freestyle

1	Mickel, Lisa	51	Crawley Swimming Club-SE	1:07.30	1:10.02	8
2	Davison, Sarah	50	Mid Sussex Marlins	1:17.00	1:17.92	7
3	Maxwell, Karen	52	Beacon Swimming Club	NT	1:35.04	6

Event 103 Women 55-59 100 SC Meter Freestyle

1	Wood, Tiggi	59	Lewes Swimming Club	NT	1:26.02	8
2	Nisbet, Trixie	59	Lewes Swimming Club	1:38.09	1:33.56	7

Event 103 Women 60-64 100 SC Meter Freestyle

1	Sprigge, Linda	63	Crawley Swimming Club-SE	1:14.95	1:18.23	8
2	West, Jane	63	Chichester Cormorants Swimming	1:16.82	1:19.26	7
3	Read, Jo	61	Hailsham Swim Club-SE	1:28.26	1:33.86	6

Event 103 Women 65-69 100 SC Meter Freestyle

1	Mills, Sally	68	Mid Sussex Marlins	1:19.26	1:20.32	8
2	Gale, Ann	67	Mid Sussex Marlins	1:29.71	1:36.48	7

Event 104 Men 18-24 100 SC Meter Freestyle

1	Hopkins, Charlie	24	Crawley Swimming Club-SE	51.24	51.67	8
2	Stacey, Harry	23	Lancing College Masters Team	48.75	52.10	7
3	Chapman, George R	18	Crawley Swimming Club-SE	1:01.30	57.56	6
4	Bigg, Ruben	19	Hastings Seagull SC	55.20	57.83	5
5	Blackmore, Archie	22	Hastings Seagull SC	56.54	58.40	4
6	Fisher, Louis A	22	Lewes Swimming Club	1:00.91	1:00.73	3
7	Schofield, Martin	24	Crawley Swimming Club-SE	54.35	1:03.59	2
8	Paniccia, Ernesto	24	Mid Sussex Marlins	1:09.50	1:04.81	1
9	Baker, Harry T	18	Lewes Swimming Club	1:06.08	1:08.34	

Event 104 Men 25-29 100 SC Meter Freestyle

1	Lungley, Oli J	28	Crawley Swimming Club-SE	53.79	56.36	8
2	Andrews, Scott J	27	Crawley Swimming Club-SE	58.00	57.43	7
3	Walker, Dan J	26	Crawley Swimming Club-SE	57.09	59.68	6
4	Cornford, Cole J	26	Hailsham Swim Club-SE	58.62	59.86	5
5	Cole, Nick L	28	Lewes Swimming Club	1:09.73	1:12.22	4

Event 104 Men 30-34 100 SC Meter Freestyle

1	Wadman, Will	31	Beacon Swimming Club	NT	58.57	8
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Event 104 Men 35-39 100 SC Meter Freestyle

1	Amaral Pinto, Goncalo	35	Crawley Swimming Club-SE	59.73	1:00.22	8
2	Brampton, James	35	Out to Swim Brighton and Hove	NT	1:02.86	7

Event 104 Men 40-44 100 SC Meter Freestyle

1	Marx, Marnus J	44	Crawley Swimming Club-SE	55.43	56.29	8
2	Lambert, Matthew	42	Lancing College Masters Team	58.13	58.83	7
3	Merchant, Paul	43	Hailsham Swim Club-SE	1:00.27	59.90	6
4	Goforth, Alex	42	Hastings Seagull SC	1:01.93	1:01.13	5
5	Batchelor, Samuel	40	Hastings Seagull SC	1:03.66	1:05.37	4
6	Kloes, Colin	44	Crawley Swimming Club-SE	1:05.47	1:05.63	3
7	Tebbs, John	44	Hastings Seagull SC	1:10.50	1:10.63	2
8	Woodward, Pete	40	Beacon Swimming Club	1:20.52	1:11.12	1

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****(Event 104 Men 40-44 100 SC Meter Freestyle)**

9	Johnson, Calvin J	43	Crawley Swimming Club-SE	1:15.00	1:11.45	
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Event 104 Men 45-49 100 SC Meter Freestyle

1	Barham, Scott	48	Mid Sussex Marlins	1:06.25	1:04.00	8
2	Mellor, Nick	48	Brighton Swimming Club	1:05.00	1:05.24	7
3	Johnson, Richard	45	Chichester Cormorants Swimming	1:05.00	1:06.75	6
4	Gasson, Andrew	48	Mid Sussex Marlins	1:07.93	1:07.38	5
5	Masterson, Stuart	46	Beacon Swimming Club	1:06.73	1:09.04	4
6	Lapinski, Jacek	48	Crawley Swimming Club-SE	1:15.00	1:10.14	3
7	Macklen, Simon	48	Beacon Swimming Club	1:21.76	1:21.28	2

Event 104 Men 50-54 100 SC Meter Freestyle

1	Allen, Paul	51	Mid Sussex Marlins	59.00	59.52	8
2	Woodward, Ian	53	Eastbourne Swimming Club	59.00	1:00.07	7
3	Harper, Adam	52	Bighton Dolphin	1:03.00	1:03.81	6
4	Cargill, David	51	Crawley Swimming Club-SE	1:08.34	1:06.33	5
5	Bull, Fabian	51	Bighton Dolphin	1:05.00	1:06.34	4
6	Disney, Matthew	52	Mid Sussex Marlins	1:07.20	1:10.11	3
7	Oxlade, Andrew J	50	Crawley Swimming Club-SE	1:14.15	1:12.47	2
8	Bigg, Timothy	51	Hastings Seagull SC	1:12.02	1:17.15	1

Event 104 Men 55-59 100 SC Meter Freestyle

1	McDonald, Nigel	59	Crawley Swimming Club-SE	1:06.28	1:07.38	8
2	Emens, Nick	59	Crawley Swimming Club-SE	1:06.79	1:08.25	7
3	Varisco, Vittorio	55	Arun Tridents SC-SE	1:09.47	1:10.86	6
4	Hall, Peter	58	Hastings Seagull SC	1:18.06	1:20.49	5
5	Lowe, Kenton	56	Hastings Seagull SC	1:47.34	1:42.17	4
---	Finch, Shaun	57	Mid Sussex Marlins	1:13.11	DQ	

10.2 A swimmer did not cover the whole distance - DNF

Event 104 Men 60-64 100 SC Meter Freestyle

1	Ward, Glenn	61	Mid Sussex Marlins	1:40.00	1:26.19	8
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Event 104 Men 65-69 100 SC Meter Freestyle

1	Baker, Stephen	69	Hastings Seagull SC	NT	1:23.59	8
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Event 104 Men 70-74 100 SC Meter Freestyle

1	Shead, David	73	Lewes Swimming Club	1:31.36	1:32.93	8
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Event 104 Men 75-79 100 SC Meter Freestyle

1	Gough-Palmer, David	75	Chichester Cormorants Swimming	1:37.38	1:35.23	8
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Event 104 Men 80-84 100 SC Meter Freestyle

1	Pearce, Timothy	84	Hastings Seagull SC	1:56.00	1:57.32	8
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Event 105 Women 18-24 25 SC Meter Butterfly

1	Davies, Rachel	18	Crawley Swimming Club-SE	14.00	13.78	8
2	Croydon-Kempster, Sophy	24	Crawley Swimming Club-SE	14.75	13.96	7
3	Wright, Lynsey E	24	Crawley Swimming Club-SE	14.60	14.70	6
4	Sandhu, Kiran K	18	Crawley Swimming Club-SE	26.06	14.98	5
5	Valovin, Isabel	18	Crawley Swimming Club-SE	16.00	15.22	4
6	Mickel, Brooke M	20	Crawley Swimming Club-SE	21.49	15.32	3
7	Matthews, Amber	19	Hastings Seagull SC	NT	15.62	2
8	Gomez-Darder, Lucia I	22	Crawley Swimming Club-SE	17.16	18.10	1

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 105 Women 30-34 25 SC Meter Butterfly**

1	Augustine, Sarah G	33	Crawley Swimming Club-SE	24.90	22.73	8
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Event 105 Women 35-39 25 SC Meter Butterfly

1	Chapman, Lisa	39	Hastings Seagull SC	NT	13.90	8
2	Welfare, Ria	36	Eastbourne Swimming Club	29.00	21.78	7

Event 105 Women 40-44 25 SC Meter Butterfly

1	Krouwel, Kirsty	44	Eastbourne Swimming Club	15.00	14.91	8
2	Marx, Rentia	41	Crawley Swimming Club-SE	19.53	20.04	7

Event 105 Women 45-49 25 SC Meter Butterfly

1	Tilley, Clarissa J	47	Crawley Swimming Club-SE	16.64	16.13	8
2	Webb, Alison	47	Crawley Swimming Club-SE	19.00	16.42	7
3	Burchell, Sharon	47	Crawley Swimming Club-SE	17.00	16.52	6
4	Spencer, Zoe D	48	Crawley Swimming Club-SE	18.02	18.93	5
5	Artemenkova, Claire	46	Crawley Swimming Club-SE	23.96	22.49	4
6	Macklen, Ginny	47	Beacon Swimming Club	NT	24.65	3
7	Casey, Louise	47	Chichester Cormorants Swimming	35.00	28.96	2

Event 105 Women 50-54 25 SC Meter Butterfly

1	Brown, Becky	52	Crawley Swimming Club-SE	17.50	17.48	8
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Event 105 Women 55-59 25 SC Meter Butterfly

1	Pritchard, Wendy	57	Eastbourne Swimming Club	17.00	17.15	8
2	Linton - Cook, Vicki	59	Crawley Swimming Club-SE	24.50	18.39	7

Event 105 Women 60-64 25 SC Meter Butterfly

1	West, Jane	63	Chichester Cormorants Swimming	18.50	18.03	8
2	Sprigge, Linda	63	Crawley Swimming Club-SE	20.00	19.06	7
3	Bassett, Sheena	62	Crawley Swimming Club-SE	30.00	24.35	6

Event 105 Women 65-69 25 SC Meter Butterfly

1	Mills, Sally	68	Mid Sussex Marlins	17.50	17.84	8
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Event 105 Women 80-84 25 SC Meter Butterfly

1	Dean, Jennifer	80	Mid Sussex Marlins	29.00	28.42	8
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Event 106 Men 18-24 25 SC Meter Butterfly

1	Hopkins, Charlie	24	Crawley Swimming Club-SE	14.50	11.60	8
2	Grimmond, James	23	Hailsham Swim Club-SE	12.50	11.95	7
3	Bigg, Ruben	19	Hastings Seagull SC	NT	12.78	6
4	Chapman, George R	18	Crawley Swimming Club-SE	15.50	12.98	5
5	Schofield, Martin	24	Crawley Swimming Club-SE	13.06	13.38	4
6	Blackmore, Archie	22	Hastings Seagull SC	NT	14.16	3
7	Penfold, Alfie T	20	Crawley Swimming Club-SE	16.28	14.61	2

Event 106 Men 25-29 25 SC Meter Butterfly

1	Andrews, Scott J	27	Crawley Swimming Club-SE	15.00	12.34	8
2	Lungley, Oli J	28	Crawley Swimming Club-SE	13.50	13.15	7

Event 106 Men 30-34 25 SC Meter Butterfly

1	Sambrook, Richard	30	Mid Sussex Marlins	15.03	15.04	8
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Event 106 Men 35-39 25 SC Meter Butterfly

1	Amaral Pinto, Goncalo	35	Crawley Swimming Club-SE	12.95	12.44	8
2	Hekman, Stefan	38	Eastbourne Swimming Club	14.50	13.42	7
3	Oztek, Emre	37	Out to Swim Brighton and Hove	NT	15.33	6

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 106 Men 40-44 25 SC Meter Butterfly**

1	Marx, Marnus J	44	Crawley Swimming Club-SE	12.41	12.33	8
2	Duke, Simon	44	Crawley Swimming Club-SE	13.50	12.78	7
3	Goforth, Alex	42	Hastings Seagull SC	15.00	13.80	6
4	Batchelor, Samuel	40	Hastings Seagull SC	14.67	14.28	5
5	Johnson, Calvin J	43	Crawley Swimming Club-SE	20.00	15.26	4
6	Kloes, Colin	44	Crawley Swimming Club-SE	14.97	15.57	3
7	Tebbs, John	44	Hastings Seagull SC	NT	16.03	2

Event 106 Men 45-49 25 SC Meter Butterfly

1	Lapinski, Jacek	48	Crawley Swimming Club-SE	18.00	15.31	8
2	Valovin, Dan	49	Crawley Swimming Club-SE	18.34	17.14	7

Event 106 Men 50-54 25 SC Meter Butterfly

1	Woodward, Ian	53	Eastbourne Swimming Club	14.00	14.35	8
2	Harper, Adam	52	Bighton Dolphin	15.00	14.65	7
3	Cargill, David	51	Crawley Swimming Club-SE	19.00	15.01	6
4	Disney, Matthew	52	Mid Sussex Marlins	15.00	15.13	5
5	Lindsay, Charlie	53	Hailsham Swim Club-SE	17.97	15.81	4
6	Oxlade, Andrew J	50	Crawley Swimming Club-SE	16.28	17.07	3
7	Clay, Matthew S	51	Lewes Swimming Club	18.04	18.15	2
8	Bigg, Timothy	51	Hastings Seagull SC	NT	50.54	1

Event 106 Men 55-59 25 SC Meter Butterfly

1	McDonald, Robert	57	Bighton Dolphin	15.00	13.68	8
2	Emens, Nick	59	Crawley Swimming Club-SE	16.00	14.13	7
3	Brett, Jon	57	Chichester Cormorants Swimming	16.00	15.10	6
4	McDonald, Nigel	59	Crawley Swimming Club-SE	16.00	15.73	5
5	Garratt, Jez	58	Lewes Swimming Club	NT	17.16	4
6	Finch, Shaun	57	Mid Sussex Marlins	17.00	17.25	3
7	Hall, Peter	58	Hastings Seagull SC	NT	19.14	2
8	Lowe, Kenton	56	Hastings Seagull SC	NT	29.23	1

Event 106 Men 65-69 25 SC Meter Butterfly

1	Stickland, Steve P	66	Arun Tridents SC-SE	NT	15.68	8
2	Baker, Stephen	69	Hastings Seagull SC	NT	18.53	7

Event 107 Women 18-24 25 SC Meter Backstroke

1	Matthews, Amber	19	Hastings Seagull SC	NT	15.05	8
2	Wright, Lynsey E	24	Crawley Swimming Club-SE	16.06	15.22	7
3	Davies, Rachel	18	Crawley Swimming Club-SE	16.00	16.81	6
4	Sandhu, Kiran K	18	Crawley Swimming Club-SE	15.50	17.03	5
5	Valovin, Isabel	18	Crawley Swimming Club-SE	17.00	17.70	4

Event 107 Women 30-34 25 SC Meter Backstroke

1	Augustine, Sarah G	33	Crawley Swimming Club-SE	26.13	23.68	8
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Event 107 Women 35-39 25 SC Meter Backstroke

1	Chapman, Lisa	39	Hastings Seagull SC	NT	16.88	8
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Event 107 Women 40-44 25 SC Meter Backstroke

1	Marx, Rentia	41	Crawley Swimming Club-SE	22.87	22.60	8
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Event 107 Women 45-49 25 SC Meter Backstroke

1	Webb, Alison	47	Crawley Swimming Club-SE	19.00	16.97	8
2	Netherwood, Tamsin L	47	Arun Tridents SC-SE	17.64	17.92	7
3	Spencer, Zoe D	48	Crawley Swimming Club-SE	20.56	19.75	6

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****(Event 107 Women 45-49 25 SC Meter Backstroke)**

4	Artemenkova, Claire	46	Crawley Swimming Club-SE	21.00	23.17	5
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Event 107 Women 50-54 25 SC Meter Backstroke

1	Dolan, Sam	51	Hailsham Swim Club-SE	19.00	18.00	8
2	Holmes-Ling, Tara L	54	Lewes Swimming Club	NT	29.74	7

Event 107 Women 55-59 25 SC Meter Backstroke

1	Pritchard, Wendy	57	Eastbourne Swimming Club	17.00	18.49	8
2	Christmas, Diane	56	Bighton Dolphin	19.00	18.97	7

Event 107 Women 60-64 25 SC Meter Backstroke

1	Sprigge, Linda	63	Crawley Swimming Club-SE	20.25	20.15	8
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Event 107 Women 70-74 25 SC Meter Backstroke

1	Johnson, Mary	73	Mid Sussex Marlins	23.00	25.03	8
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Event 107 Women 80-84 25 SC Meter Backstroke

1	Dean, Jennifer	80	Mid Sussex Marlins	29.00	31.50	8
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Event 108 Men 18-24 25 SC Meter Backstroke

1	Chapman, George R	18	Crawley Swimming Club-SE	16.00	14.45	8
2	Schofield, Martin	24	Crawley Swimming Club-SE	14.32	14.72	7
3	Bigg, Ruben	19	Hastings Seagull SC	NT	16.56	6
4	Penfold, Alfie T	20	Crawley Swimming Club-SE	17.71	16.70	5

Event 108 Men 25-29 25 SC Meter Backstroke

1	Lungley, Oli J	28	Crawley Swimming Club-SE	16.00	15.13	8
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Event 108 Men 30-34 25 SC Meter Backstroke

1	Sambrook, Richard	30	Mid Sussex Marlins	18.82	18.28	8
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Event 108 Men 40-44 25 SC Meter Backstroke

1	Tebbs, John	44	Hastings Seagull SC	NT	15.38	8
2	Marx, Marnus J	44	Crawley Swimming Club-SE	13.86	15.43	7
3	Batchelor, Samuel	40	Hastings Seagull SC	16.37	16.17	6
4	Kloes, Colin	44	Crawley Swimming Club-SE	23.25	17.90	5
5	Johnson, Calvin J	43	Crawley Swimming Club-SE	22.00	19.66	4

Event 108 Men 45-49 25 SC Meter Backstroke

1	Valovin, Dan	49	Crawley Swimming Club-SE	20.00	19.17	8
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Event 108 Men 50-54 25 SC Meter Backstroke

1	Clay, Matthew S	51	Lewes Swimming Club	20.45	20.63	8
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Event 108 Men 55-59 25 SC Meter Backstroke

1	Brett, Jon	57	Chichester Cormorants Swimming	17.00	16.77	8
2	Finch, Shaun	57	Mid Sussex Marlins	21.00	19.46	7
3	Lowe, Kenton	56	Hastings Seagull SC	NT	24.56	6

Event 108 Men 70-74 25 SC Meter Backstroke

1	Shead, David	73	Lewes Swimming Club	NT	20.78	8
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Event 108 Men 80-84 25 SC Meter Backstroke

1	Pearce, Timothy	84	Hastings Seagull SC	25.00	25.03	8
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Event 108 Men 85-89 25 SC Meter Backstroke

1	Gimson, Anthony	86	Mid Sussex Marlins	28.00	24.62	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 109 Women 18-24 100 SC Meter IM**

1	Sandhu, Kiran K	18	Crawley Swimming Club-SE	1:12.31	1:16.97	8
2	Christmas, Jo	24	Beacon Swimming Club	1:15.12	1:17.07	7
3	Wright, Lynsey E	24	Crawley Swimming Club-SE	1:16.61	1:17.93	6
4	Matthews, Amber	19	Hastings Seagull SC	1:10.52	1:19.87	5
5	Davies, Rachel	18	Crawley Swimming Club-SE	1:15.50	1:21.62	4
6	Valovin, Isabel	18	Crawley Swimming Club-SE	1:14.49	1:22.44	3
7	Stannard, Megan	19	Eastbourne Swimming Club	1:19.65	1:23.72	2
8	Gomez-Darder, Lucia I	22	Crawley Swimming Club-SE	1:26.00	1:30.70	1
---	Croydon-Kempster, Sophy	24	Crawley Swimming Club-SE	1:06.20	DQ	

9.4 Finish of each stroke not in accordance with rules for the particular stroke - IM

Event 109 Women 30-34 100 SC Meter IM

1	Bowen, Rachael	33	Mid Sussex Marlins	1:09.00	1:11.32	8
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Event 109 Women 35-39 100 SC Meter IM

1	Chapman, Lisa	39	Hastings Seagull SC	1:09.65	1:10.64	8
2	Welfare, Ria	36	Eastbourne Swimming Club	1:46.21	1:40.85	7

Event 109 Women 40-44 100 SC Meter IM

1	Johnston, Jenn K	40	Lewes Swimming Club	1:34.94	1:32.33	8
2	Mills, Lisa	43	Mid Sussex Marlins	1:33.20	1:38.80	7

Event 109 Women 45-49 100 SC Meter IM

1	Tilley, Clarissa J	47	Crawley Swimming Club-SE	1:25.04	1:28.93	8
2	Attrell, Elaine V	47	Lewes Swimming Club	1:30.13	1:32.70	7
3	Rampling, Anushka	46	Eastbourne Swimming Club	1:50.00	1:41.49	6
4	Feaver, Ayshea	49	Arun Tridents SC-SE	NT	1:43.52	5
5	Carter, Jen	48	Beacon Swimming Club	1:53.30	1:55.40	4
6	Casey, Louise	47	Chichester Cormorants Swimming	1:55.00	2:15.80	3

Event 109 Women 50-54 100 SC Meter IM

1	Brown, Becky	52	Crawley Swimming Club-SE	1:26.59	1:30.85	8
2	Weighton, Angela	52	Bighton Dolphin	1:34.67	1:33.10	7

Event 109 Women 55-59 100 SC Meter IM

1	Toler, Emma	56	Arun Tridents SC-SE	1:43.00	1:44.48	8
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Event 109 Women 60-64 100 SC Meter IM

1	Sprigge, Linda	63	Crawley Swimming Club-SE	1:26.16	1:27.91	8
2	West, Jane	63	Chichester Cormorants Swimming	1:33.00	1:33.70	7
---	Bassett, Sheena	62	Crawley Swimming Club-SE	1:50.00	DQ	

9.4 Finish of each stroke not in accordance with rules for the particular stroke - IM

Event 110 Men 18-24 100 SC Meter IM

1	Stacey, Harry	23	Lancing College Masters Team	56.97	58.69	8
2	Hopkins, George	24	Crawley Swimming Club-SE	59.08	1:00.81	7
3	Strowger, Archie J	20	Arun Tridents SC-SE	1:03.00	1:03.17	6
4	Chapman, George R	18	Crawley Swimming Club-SE	1:12.68	1:03.38	5
5	Grimmond, James	23	Hailsham Swim Club-SE	1:04.43	1:05.95	4
6	Schofield, Martin	24	Crawley Swimming Club-SE	1:03.89	1:15.32	3
7	Baker, Harry T	18	Lewes Swimming Club	1:15.72	1:18.32	2
8	Penfold, Alfie T	20	Crawley Swimming Club-SE	1:24.74	1:26.11	1

Event 110 Men 25-29 100 SC Meter IM

1	Andrews, Scott J	27	Crawley Swimming Club-SE	1:08.00	1:04.58	8
2	Lungley, Oli J	28	Crawley Swimming Club-SE	1:02.55	1:05.40	7

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 110 Men 30-34 100 SC Meter IM**

1	Wade, Tom	34	Mid Sussex Marlins	1:15.00	1:10.57	8
2	Sambrook, Richard	30	Mid Sussex Marlins	1:22.39	1:21.24	7

Event 110 Men 35-39 100 SC Meter IM

1	Brampton, James	35	Out to Swim Brighton and Hove	NT	1:13.33	8
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Event 110 Men 40-44 100 SC Meter IM

1	Marx, Marnus J	44	Crawley Swimming Club-SE	1:02.72	1:04.56	8
2	Steenhoff, Craig	41	Hailsham Swim Club-SE	1:05.38	1:06.88	7
3	Merchant, Paul	43	Hailsham Swim Club-SE	1:10.08	1:09.37	6
4	Johnson, Calvin J	43	Crawley Swimming Club-SE	1:30.00	1:20.91	5

Event 110 Men 45-49 100 SC Meter IM

1	Townsley, Chris	46	Brighton Swimming Club	1:11.78	1:10.24	8
2	Mellor, Nick	48	Brighton Swimming Club	1:11.78	1:13.97	7
3	Barham, Scott	48	Mid Sussex Marlins	1:20.00	1:16.30	6
4	Masterson, Stuart	46	Beacon Swimming Club	1:21.39	1:23.17	5
5	Valovin, Dan	49	Crawley Swimming Club-SE	1:31.15	1:30.30	4

Event 110 Men 50-54 100 SC Meter IM

1	Woodward, Ian	53	Eastbourne Swimming Club	1:15.00	1:17.06	8
2	Cargill, David	51	Crawley Swimming Club-SE	1:20.00	1:18.65	7
3	Wortham, Mark	51	Crawley Swimming Club-SE	1:20.00	1:18.98	6
4	Disney, Matthew	52	Mid Sussex Marlins	1:22.00	1:20.23	5
5	Clay, Matthew S	51	Lewes Swimming Club	1:31.20	1:35.20	4

Event 110 Men 55-59 100 SC Meter IM

1	Mason, Paul	56	Chichester Cormorants Swimming	1:11.71	1:12.97	8
2	McDonald, Robert	57	Bighton Dolphin	1:35.00	1:17.31	7
3	McDonald, Nigel	59	Crawley Swimming Club-SE	1:17.36	1:19.75	6
4	Emens, Nick	59	Crawley Swimming Club-SE	1:14.68	1:21.39	5
5	Hall, Peter	58	Hastings Seagull SC	1:31.57	1:33.50	4
6	Finch, Shaun	57	Mid Sussex Marlins	1:30.28	1:39.84	3

Event 110 Men 65-69 100 SC Meter IM

1	Stickland, Steve P	66	Arun Tridents SC-SE	1:22.46	1:24.99	8
2	Baker, Stephen	69	Hastings Seagull SC	NT	1:42.65	7

Event 110 Men 75-79 100 SC Meter IM

1	Gough-Palmer, David	75	Chichester Cormorants Swimming	1:53.72	2:02.24	8
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Event 111 Women 18-24 200 SC Meter Freestyle

1	Jones, Yasmin	18	Crawley Swimming Club-SE	2:13.52	2:23.67	8
2	Sandhu, Kiran K	18	Crawley Swimming Club-SE	2:15.07	2:24.91	7
3	Key, Eloise	19	Eastbourne Swimming Club	2:22.74	2:30.91	6
4	Wright, Lynsey E	24	Crawley Swimming Club-SE	2:24.62	2:47.54	5

Event 111 Women 25-29 200 SC Meter Freestyle

1	Monaghan, Becky	25	Crawley Swimming Club-SE	2:45.00	2:44.25	8
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Event 111 Women 40-44 200 SC Meter Freestyle

1	Marx, Rentia	41	Crawley Swimming Club-SE	3:21.12	3:15.68	8
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Event 111 Women 45-49 200 SC Meter Freestyle

1	Carter, Jen	48	Beacon Swimming Club	3:52.24	3:49.30	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 111 Women 50-54 200 SC Meter Freestyle**

1	Mickel, Lisa	51	Crawley Swimming Club-SE	2:33.90	2:32.48	8
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Event 111 Women 55-59 200 SC Meter Freestyle

1	Linton - Cook, Vicki	59	Crawley Swimming Club-SE	2:39.55	2:39.12	8
2	Wood, Tiggi	59	Lewes Swimming Club	3:11.07	3:05.71	7
3	Nisbet, Trixie	59	Lewes Swimming Club	3:39.03	3:29.92	6

Event 111 Women 60-64 200 SC Meter Freestyle

1	Read, Jo	61	Hailsham Swim Club-SE	3:12.69	3:18.15	8
2	Bassett, Sheena	62	Crawley Swimming Club-SE	3:25.22	3:25.17	7

Event 112 Men 18-24 200 SC Meter Freestyle

1	Chapman, George R	18	Crawley Swimming Club-SE	2:04.65	2:02.63	8
2	Fisher, Louis A	22	Lewes Swimming Club	2:17.16	2:21.79	7
3	Paniccia, Ernesto	24	Mid Sussex Marlins	2:34.70	2:24.73	6
4	Schofield, Martin	24	Crawley Swimming Club-SE	2:00.80	2:30.69	5

Event 112 Men 25-29 200 SC Meter Freestyle

1	Walker, Dan J	26	Crawley Swimming Club-SE	2:00.00	2:17.84	8
2	Cole, Nick L	28	Lewes Swimming Club	2:32.08	2:47.83	7

Event 112 Men 30-34 200 SC Meter Freestyle

1	Wade, Tom	34	Mid Sussex Marlins	2:15.00	2:16.46	8
2	Keast, Colin	34	Out to Swim Brighton and Hove	NT	2:27.01	7

Event 112 Men 35-39 200 SC Meter Freestyle

1	Amaral Pinto, Goncalo	35	Crawley Swimming Club-SE	2:04.14	2:09.79	8
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Event 112 Men 40-44 200 SC Meter Freestyle

1	Marx, Marnus J	44	Crawley Swimming Club-SE	2:02.31	2:17.48	8
2	Johnson, Calvin J	43	Crawley Swimming Club-SE	2:40.00	2:39.46	7
3	Woodward, Pete	40	Beacon Swimming Club	NT	2:42.55	6

Event 112 Men 45-49 200 SC Meter Freestyle

1	Johnson, Richard	45	Chichester Cormorants Swimming	2:28.00	2:32.30	8
---	Lapinski, Jacek	48	Crawley Swimming Club-SE	2:35.35	DQ	
4.4 Start before starting signal						

Event 112 Men 50-54 200 SC Meter Freestyle

1	Allen, Paul	51	Mid Sussex Marlins	2:10.00	2:13.92	8
2	Cargill, David	51	Crawley Swimming Club-SE	2:34.64	2:37.26	7

Event 112 Men 55-59 200 SC Meter Freestyle

1	Mason, Paul	56	Chichester Cormorants Swimming	2:15.02	2:18.75	8
2	McDonald, Nigel	59	Crawley Swimming Club-SE	2:28.97	2:30.71	7
3	Emens, Nick	59	Crawley Swimming Club-SE	2:22.00	2:34.23	6
4	Hall, Peter	58	Hastings Seagull SC	2:59.29	3:04.74	5

Event 112 Men 60-64 200 SC Meter Freestyle

1	Robertson, Mark	61	Crawley Swimming Club-SE	3:00.00	2:48.96	8
2	Ward, Glenn	61	Mid Sussex Marlins	3:30.00	3:10.54	7

Event 112 Men 65-69 200 SC Meter Freestyle

1	Baker, Stephen	69	Hastings Seagull SC	NT	3:07.97	8
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Event 113 Women 18-24 50 SC Meter Backstroke

1	Collins, Bethany	24	Hailsham Swim Club-SE	33.33	33.15	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****(Event 113 Women 18-24 50 SC Meter Backstroke)**

2	Wright, Lynsey E	24	Crawley Swimming Club-SE	31.74	34.05	7
3	Valovin, Isabel	18	Crawley Swimming Club-SE	34.13	36.58	6
4	Sandhu, Kiran K	18	Crawley Swimming Club-SE	33.56	37.26	5

Event 113 Women 25-29 50 SC Meter Backstroke

1	Monaghan, Becky	25	Crawley Swimming Club-SE	38.00	38.77	8
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Event 113 Women 30-34 50 SC Meter Backstroke

1	Augustine, Sarah G	33	Crawley Swimming Club-SE	53.00	54.73	8
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Event 113 Women 35-39 50 SC Meter Backstroke

1	Chapman, Lisa	39	Hastings Seagull SC	31.98	32.44	8
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Event 113 Women 40-44 50 SC Meter Backstroke

1	Krouwel, Kirsty	44	Eastbourne Swimming Club	38.00	36.70	8
2	Marx, Rentia	41	Crawley Swimming Club-SE	49.00	52.32	7

Event 113 Women 45-49 50 SC Meter Backstroke

1	Netherwood, Tamsin L	47	Arun Tridents SC-SE	38.05	37.94	8
2	Webb, Alison	47	Crawley Swimming Club-SE	40.00	38.05	7
3	Spencer, Zoe D	48	Crawley Swimming Club-SE	42.27	42.04	6
4	Artemenkova, Claire	46	Crawley Swimming Club-SE	51.40	50.43	5

Event 113 Women 50-54 50 SC Meter Backstroke

1	Dolan, Sam	51	Hailsham Swim Club-SE	39.06	38.62	8
2	Davison, Sarah	50	Mid Sussex Marlins	41.74	40.50	7
3	Holmes-Ling, Tara L	54	Lewes Swimming Club	NT	54.92	6

Event 113 Women 55-59 50 SC Meter Backstroke

1	Christmas, Diane	56	Bighton Dolphin	40.08	39.39	8
2	Linton - Cook, Vicki	59	Crawley Swimming Club-SE	40.50	39.56	7
3	Pritchard, Wendy	57	Eastbourne Swimming Club	39.00	40.48	6
4	Toler, Emma	56	Arun Tridents SC-SE	46.00	46.53	5

Event 113 Women 65-69 50 SC Meter Backstroke

1	Gale, Ann	67	Mid Sussex Marlins	45.69	45.89	8
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Event 113 Women 70-74 50 SC Meter Backstroke

1	Johnson, Mary	73	Mid Sussex Marlins	47.00	45.65	8
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Event 113 Women 80-84 50 SC Meter Backstroke

---	Adam, Jose	82	Bighton Dolphin	57.82	DQ	
6.5 Not on the back at finish						

Event 114 Men 18-24 50 SC Meter Backstroke

1	Stacey, Harry	23	Lancing College Masters Team	25.78	26.84	8
2	Chapman, George R	18	Crawley Swimming Club-SE	33.50	30.52	7
3	Batten, Louis	23	Atlantis Swimming Club-SE	31.50	30.85	6
4	Schofield, Martin	24	Crawley Swimming Club-SE	28.42	31.70	5

Event 114 Men 25-29 50 SC Meter Backstroke

1	Lungley, Oli J	28	Crawley Swimming Club-SE	33.00	32.16	8
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Event 114 Men 30-34 50 SC Meter Backstroke

1	Sambrook, Richard	30	Mid Sussex Marlins	38.87	40.77	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 114 Men 40-44 50 SC Meter Backstroke**

1	Marx, Marnus J	44	Crawley Swimming Club-SE	29.87	30.65	8
2	Merchant, Paul	43	Hailsham Swim Club-SE	32.32	32.18	7
3	Batchelor, Samuel	40	Hastings Seagull SC	34.68	34.83	6
4	Kloes, Colin	44	Crawley Swimming Club-SE	37.77	39.29	5
5	Johnson, Calvin J	43	Crawley Swimming Club-SE	45.00	40.45	4

Event 114 Men 45-49 50 SC Meter Backstroke

1	Townsley, Chris	46	Brighton Swimming Club	30.00	32.15	8
2	Valovin, Dan	49	Crawley Swimming Club-SE	43.07	42.45	7

Event 114 Men 50-54 50 SC Meter Backstroke

1	Harper, Adam	52	Bighton Dolphin	33.00	34.37	8
2	Clay, Matthew S	51	Lewes Swimming Club	42.59	44.88	7

Event 114 Men 55-59 50 SC Meter Backstroke

1	Brett, Jon	57	Chichester Cormorants Swimming	38.00	36.46	8
---	Finch, Shaun	57	Mid Sussex Marlins	39.06	DQ	
	6.4 Did not touch the wall during the turn					

Event 114 Men 65-69 50 SC Meter Backstroke

1	Stickland, Steve P	66	Arun Tridents SC-SE	39.23	38.32	8
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Event 114 Men 70-74 50 SC Meter Backstroke

1	Shead, David	73	Lewes Swimming Club	44.94	43.98	8
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Event 114 Men 75-79 50 SC Meter Backstroke

1	Gough-Palmer, David	75	Chichester Cormorants Swimming	54.95	56.05	8
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Event 114 Men 80-84 50 SC Meter Backstroke

1	Pearce, Timothy	84	Hastings Seagull SC	45.70	55.17	8
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Event 114 Men 85-89 50 SC Meter Backstroke

1	Gimson, Anthony	86	Mid Sussex Marlins	1:00.00	58.13	8
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Event 115 Women 18-24 100 SC Meter Butterfly

1	Jones, Yasmin	18	Crawley Swimming Club-SE	1:05.50	1:10.25	8
2	Valovin, Isabel	18	Crawley Swimming Club-SE	1:11.90	1:15.81	7
3	Collins, Bethany	24	Hailsham Swim Club-SE	1:15.28	1:17.36	6
4	Sandhu, Kiran K	18	Crawley Swimming Club-SE	1:09.40	1:18.76	5

Event 115 Women 25-29 100 SC Meter Butterfly

1	Monaghan, Becky	25	Crawley Swimming Club-SE	1:25.00	1:32.81	8
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Event 115 Women 60-64 100 SC Meter Butterfly

1	West, Jane	63	Chichester Cormorants Swimming	1:40.00	1:42.49	8
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Event 115 Women 65-69 100 SC Meter Butterfly

1	Mills, Sally	68	Mid Sussex Marlins	1:26.89	1:32.34	8
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Event 116 Men 18-24 100 SC Meter Butterfly

1	Strowger, Archie J	20	Arun Tridents SC-SE	1:01.80	1:02.06	8
2	Chapman, George R	18	Crawley Swimming Club-SE	1:13.37	1:06.48	7
3	Fisher, Louis A	22	Lewes Swimming Club	1:13.78	1:15.70	6
4	Baker, Harry T	18	Lewes Swimming Club	1:17.46	1:19.05	5
5	Schofield, Martin	24	Crawley Swimming Club-SE	58.97	1:22.03	4

Event 116 Men 25-29 100 SC Meter Butterfly

1	Andrews, Scott J	27	Crawley Swimming Club-SE	1:04.00	1:03.10	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****(Event 116 Men 25-29 100 SC Meter Butterfly)**

2	Cornford, Cole J	26	Hailsham Swim Club-SE	1:05.97	1:06.67	7
3	Walker, Dan J	26	Crawley Swimming Club-SE	1:12.00	1:08.95	6

Event 116 Men 35-39 100 SC Meter Butterfly

1	Amaral Pinto, Goncalo	35	Crawley Swimming Club-SE	1:01.09	1:07.44	8
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Event 116 Men 40-44 100 SC Meter Butterfly

1	Steenhoff, Craig	41	Hailsham Swim Club-SE	1:01.25	1:02.73	8
2	Duke, Simon	44	Crawley Swimming Club-SE	1:03.83	1:05.68	7
3	Marx, Marnus J	44	Crawley Swimming Club-SE	1:01.19	1:06.14	6
4	Johnson, Calvin J	43	Crawley Swimming Club-SE	1:30.00	1:22.39	5

Event 116 Men 45-49 100 SC Meter Butterfly

1	Lapinski, Jacek	48	Crawley Swimming Club-SE	1:22.00	1:22.20	8
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Event 116 Men 50-54 100 SC Meter Butterfly

1	Bigg, Timothy	51	Hastings Seagull SC	1:24.42	1:26.69	8
2	Lindsay, Charlie	53	Hailsham Swim Club-SE	1:36.39	1:33.88	7

Event 117 Women 18-24 50 SC Meter Breaststroke

1	Croydon-Kempster, Sophy	24	Crawley Swimming Club-SE	33.50	36.08	8
2	Wright, Lynsey E	24	Crawley Swimming Club-SE	35.80	39.12	7
3	Sandhu, Kiran K	18	Crawley Swimming Club-SE	37.28	39.43	6
4	Valovin, Isabel	18	Crawley Swimming Club-SE	39.00	41.63	5
5	Stannard, Megan	19	Eastbourne Swimming Club	42.07	43.35	4
6	Gomez-Darder, Lucia I	22	Crawley Swimming Club-SE	40.84	43.56	3
---	Carroll, Jaya	23	Crawley Swimming Club-SE	56.83	DQ	

7.1 After the start or after each turn single butterfly kick not performed before the 1st

Event 117 Women 25-29 50 SC Meter Breaststroke

1	Maille-roper, Megan	25	Hastings Seagull SC	NT	48.22	8
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Event 117 Women 35-39 50 SC Meter Breaststroke

1	Chapman, Lisa	39	Hastings Seagull SC	35.97	36.95	8
2	Welfare, Ria	36	Eastbourne Swimming Club	50.56	50.97	7

Event 117 Women 40-44 50 SC Meter Breaststroke

1	Krouwel, Kirsty	44	Eastbourne Swimming Club	41.00	41.87	8
2	Mills, Lisa	43	Mid Sussex Marlins	44.13	46.55	7
3	Marx, Rentia	41	Crawley Swimming Club-SE	58.00	54.59	6

Event 117 Women 45-49 50 SC Meter Breaststroke

1	Burchell, Sharon	47	Crawley Swimming Club-SE	36.97	38.89	8
2	Netherwood, Tamsin L	47	Arun Tridents SC-SE	39.38	43.45	7
3	Attrell, Elaine V	47	Lewes Swimming Club	42.28	44.34	6
4	Rampling, Anushka	46	Eastbourne Swimming Club	1:00.00	48.46	5
5	Feaver, Ayshea	49	Arun Tridents SC-SE	50.83	50.50	4
6	Casey, Louise	47	Chichester Cormorants Swimming	45.00	57.86	3

Event 117 Women 50-54 50 SC Meter Breaststroke

1	Weighton, Angela	52	Bighton Dolphin	46.57	46.33	8
2	Holmes-Ling, Tara L	54	Lewes Swimming Club	NT	48.92	7
3	Maxwell, Karen	52	Beacon Swimming Club	NT	59.53	6

Event 117 Women 55-59 50 SC Meter Breaststroke

1	Nisbet, Trixie	59	Lewes Swimming Club	1:01.37	55.90	8
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2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 117 Women 60-64 50 SC Meter Breaststroke**

1	Sprigge, Linda	63	Crawley Swimming Club-SE	42.19	43.01	8
2	West, Jane	63	Chichester Cormorants Swimming	45.00	46.10	7
3	Ferguson, Gill	60	Crawley Swimming Club-SE	53.77	52.45	6

Event 117 Women 70-74 50 SC Meter Breaststroke

1	Johnson, Mary	73	Mid Sussex Marlins	56.00	1:01.76	8
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Event 117 Women 85-89 50 SC Meter Breaststroke

1	Taylor, Audrey	87	Bighton Dolphin	1:25.00	1:35.20	8
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Event 118 Men 18-24 50 SC Meter Breaststroke

1	Hopkins, George	24	Crawley Swimming Club-SE	26.90	29.26	8
2	Stacey, Harry	23	Lancing College Masters Team	31.61	30.73	7
3	Bigg, Ruben	19	Hastings Seagull SC	29.80	32.20	6
4	Chapman, George R	18	Crawley Swimming Club-SE	32.63	33.69	5
5	Batten, Louis	23	Atlantis Swimming Club-SE	37.47	35.45	4
6	Schofield, Martin	24	Crawley Swimming Club-SE	34.84	44.87	3

Event 118 Men 25-29 50 SC Meter Breaststroke

1	Lungley, Oli J	28	Crawley Swimming Club-SE	29.10	30.57	8
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Event 118 Men 30-34 50 SC Meter Breaststroke

1	Sambrook, Richard	30	Mid Sussex Marlins	40.57	42.95	8
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Event 118 Men 35-39 50 SC Meter Breaststroke

1	Hekman, Stefan	38	Eastbourne Swimming Club	35.76	35.72	8
2	Oztek, Emre	37	Out to Swim Brighton and Hove	NT	37.78	7
3	Gumbrell, Marc	38	Out to Swim Brighton and Hove	NT	45.92	6

Event 118 Men 40-44 50 SC Meter Breaststroke

1	Goforth, Alex	42	Hastings Seagull SC	33.44	32.89	8
2	Marx, Marnus J	44	Crawley Swimming Club-SE	32.05	33.65	7
3	Merchant, Paul	43	Hailsham Swim Club-SE	36.20	34.89	6
4	Kloes, Colin	44	Crawley Swimming Club-SE	38.31	39.24	5
5	Johnson, Calvin J	43	Crawley Swimming Club-SE	50.00	39.99	4
---	Woodward, Pete	40	Beacon Swimming Club	43.11	DQ	

7.1 After the start or after each turn single butterfly kick not performed before the 1st

Event 118 Men 45-49 50 SC Meter Breaststroke

1	Valovin, Dan	49	Crawley Swimming Club-SE	43.80	44.44	8
2	Macklen, Simon	48	Beacon Swimming Club	46.71	46.45	7

Event 118 Men 50-54 50 SC Meter Breaststroke

1	Wortham, Mark	51	Crawley Swimming Club-SE	38.00	38.16	8
2	Disney, Matthew	52	Mid Sussex Marlins	37.74	38.36	7
3	Oxlade, Andrew J	50	Crawley Swimming Club-SE	41.36	41.91	6
4	Clay, Matthew S	51	Lewes Swimming Club	40.40	42.70	5
5	McGregor, Tony	51	Crawley Swimming Club-SE	51.43	42.90	4
---	Bigg, Timothy	51	Hastings Seagull SC	40.02	DQ	

7.1 After the start or after each turn single butterfly kick not performed before the 1st

Event 118 Men 55-59 50 SC Meter Breaststroke

1	McDonald, Nigel	59	Crawley Swimming Club-SE	36.72	37.81	8
2	Emens, Nick	59	Crawley Swimming Club-SE	38.53	39.16	7
3	Garratt, Jez	58	Lewes Swimming Club	41.33	41.93	6
4	Finch, Shaun	57	Mid Sussex Marlins	44.54	48.80	5

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 118 Men 75-79 50 SC Meter Breaststroke**

1	Rhodes, William	76	Worthing SC	48.50	48.91	8
2	Gough-Palmer, David	75	Chichester Cormorants Swimming	51.79	56.56	7

Event 118 Men 80-84 50 SC Meter Breaststroke

1	Pearce, Timothy	84	Hastings Seagull SC	1:01.80	1:08.34	8
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Event 118 Men 85-89 50 SC Meter Breaststroke

1	Gimson, Anthony	86	Mid Sussex Marlins	1:05.00	1:04.96	8
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Event 119 Mixed 72-99 200 SC Meter Medley Relay 74+

1	Crawley Swimming Club-SE	A		1:53.15	1:59.54	8
	1) Wright, Lynsey E W24	2) Hopkins, George M24	3) Jones, Yasmin W18		4) Hopkins, Charlie M24	
2	Crawley Swimming Club-SE	C		2:06.06	2:07.43	7
	1) Chapman, George R M18	2) Austin, Lucy G W20	3) Davies, Rachel W18		4) Walker, Dan J M26	
3	Hastings Seagull SC	A		1:59.62	2:07.81	6
	1) Chapman, Lisa W39	2) Goforth, Alex M42	3) Bigg, Ruben M19		4) Matthews, Amber W19	
4	Crawley Swimming Club-SE	B		2:00.10	2:08.77	5
	1) Schofield, Martin M24	2) Lungley, Oli J M28	3) Valovin, Isabel W18		4) Sandhu, Kiran K W18	

Event 120 Mixed 160-199 200 SC Meter Medley Relay 160+

1	Crawley Swimming Club-SE	A		2:06.68	2:10.06	8
	1) Marx, Marnus J M44	2) Burchell, Sharon W47	3) Amaral Pinto, Goncalo M35		4) Mickel, Lisa W51	
2	Mid Sussex Marlins	A		2:20.00	2:17.13	7
	1) Davison, Sarah W50	2) Bowen, Rachael W33	3) Wade, Tom M34		4) Barham, Scott M48	
3	Crawley Swimming Club-SE	B		2:11.60	2:17.61	6
	1) Spencer, Zoe D W48	2) Croydon-Kempster, Sophy W24	3) Duke, Simon M44		4) Emens, Nick M59	
4	Eastbourne Swimming Club	A		2:09.72	2:17.97	5
	1) Pritchard, Wendy W57	2) Hekman, Stefan M38	3) Stannard, Megan W19		4) Woodward, Ian M53	
5	Arun Tridents SC-SE	A		2:27.51	2:26.06	4
	1) Netherwood, Tamsin L W47	2) Feaver, Ayshea W49	3) Strowger, Archie J M20		4) Varisco, Vittorio M55	
6	Crawley Swimming Club-SE	D		2:31.90	2:32.34	3
	1) Kloes, Colin M44	2) Gomez-Darder, Lucia I W22	3) Lapinski, Jacek M48		4) Tilley, Clarissa J W47	
7	Hastings Seagull SC	A		2:41.98	2:36.59	2
	1) Chapman, Lisa W39	2) Tebbs, John M44	3) Baker, Stephen M69		4) Maille-roper, Megan W25	
8	Crawley Swimming Club-SE	E		2:38.26	2:41.14	1
	1) Johnson, Calvin J M43	2) Wortham, Mark M51	3) Brown, Becky W52		4) Marx, Rentia W41	
9	Crawley Swimming Club-SE	C		2:43.11	2:41.59	
	1) Artemenkova, Claire W46	2) Oxlade, Andrew J M50	3) Penfold, Alfie T M20		4) Webb, Alison W47	
10	Beacon Swimming Club	A		2:46.39	2:44.21	
	1) Christmas, Jo W24	2) Macklen, Simon M48	3) Masterson, Stuart M46		4) Macklen, Ginny W47	
---	Beacon Swimming Club	B		2:55.01	DQ	
	10.4 No contact with wall during a turn or turn not made from wall or took stride or step					
	1) Carter, Jen W48	2) Woodward, Pete M40	3) Wadman, Will M31		4) Maxwell, Karen W52	

Event 121 Mixed 240-279 200 SC Meter Medley Relay 240+

1	Crawley Swimming Club-SE	A		2:22.69	2:25.70	8
	1) Linton - Cook, Vicki W59	2) McDonald, Nigel M59	3) Robertson, Mark M61		4) Sprigge, Linda W63	
2	Mid Sussex Marlins	A		2:30.00	2:54.01	7
	1) Gale, Ann W67	2) Finch, Shaun M57	3) Mills, Sally W68		4) Ward, Glenn M61	

Event 122 Women 18-24 400 SC Meter Freestyle

1	Jones, Yasmin	18	Crawley Swimming Club-SE	4:43.42	5:05.68	8
2	Sandhu, Kiran K	18	Crawley Swimming Club-SE	4:42.02	5:07.39	7
3	Collins, Bethany	24	Hailsham Swim Club-SE	5:15.13	5:20.34	6
4	Wright, Lynsey E	24	Crawley Swimming Club-SE	5:29.93	5:46.24	5

2023 Sussex Seniors and Masters Championships - 10/09/2023**Results - Session one****Event 122 Women 25-29 400 SC Meter Freestyle**

1	Monaghan, Becky	25	Crawley Swimming Club-SE	5:45.00	5:51.78	8
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Event 122 Women 40-44 400 SC Meter Freestyle

1	Johnston, Jenn K	40	Lewes Swimming Club	6:24.29	6:26.83	8
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Event 122 Women 55-59 400 SC Meter Freestyle

1	Linton - Cook, Vicki	59	Crawley Swimming Club-SE	5:46.20	5:36.24	8
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2	Wood, Tiggi	59	Lewes Swimming Club	NT	6:38.61	7
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Event 122 Women 60-64 400 SC Meter Freestyle

1	Read, Jo	61	Hailsham Swim Club-SE	6:44.29	7:02.08	8
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