

**Rules of the SUSSEX SWIMMING LEAGUE founded 1988**

**1. OBJECTIVES.**

- a) To provide a series of galas between Sussex clubs arranged in the manner described herein.
- b) To provide a competition that clubs with varying objectives can compete in to satisfy their individual needs and to produce Division One and Division Two champions.
- c) To provide a competition for young swimmers that they will both enjoy and find beneficial to their swimming development.

**2. ORGANISATION.**

- a) A committee consisting of one delegate from each competing club plus one member drawn from the Sussex County A.S.A. committee who shall chair the league meetings, shall govern the League.
- b) A sub-committee, comprising the Chair & Secretary would decide on any matter occurring during the year with full reference to any or all clubs involved

**3. A.G.M.**

The Annual General Meeting of the League shall be held by December in the year of the competition for the purposes of Electing officers, reviewing and carrying out business and dealing with proposals for any rule changes requested by any member club.

4. Clubs shall pay an affiliation fee to cover administration costs (postage/telephone etc.) of £10 per year at the A.G.M. A list of those payments received and outstanding shall be included with the minutes of the A.G.M. by the league secretary. This fee may be waived if funds held are adequate.
5. In the event of the dissolution of the League, any remaining funds shall be transferred to a charity as decided by the constituent clubs or transferred to the Sussex County ASA.
6. Gala dates shall be permanently set as the 1<sup>st</sup> Saturdays in April, June & July. The only variation would be for when Easter fell on the 1<sup>st</sup> weekend in April when round 1 would be moved to the following week.  
*Please check AGM minutes for these dates*
7. All galas shall be swum in 6 or 8 lane 25m pools.
8. Ages for the competition shall be as at the final gala set each year at the AGM.

**9. Galas**

Teams will be seeded for Rounds 1 & 2 on the formula as agreed by the league delegates.

Round 3 will be seeded on placings after galas 1 & 2 as follows:-

Final:- Teams placed 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> will swim against each other.

Gala 2:- Teams placed 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> will swim against each other.

Gala 3:- Teams placed 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> will swim against each other. (Division 1 only)

Bonus points will be awarded as 10 points to teams in the Final. 5 points to teams in Gala 2.

Each team will swim the individual races in two lanes which shall be grouped as follows. Lanes 1 & 4, lanes 2 & 5, lanes 3 & 6 and require two swimmers from each team for individual races.

Lanes will be allocated from the lane seeding with the first (host) team swimming in lanes 1 & 4, 2<sup>nd</sup> listed team in lanes 2 & 5, with the 3<sup>rd</sup> team in lanes 3 & 6 or (2 & 5, 3 & 6, 4 & 7 if in an 8 lane pool)

The relay races will be swum as Mixed relays with 2 teams for each event except that the Final event, the Squadron relay shall be one team per club

Gala points will be awarded as follows: - 1<sup>st</sup> 6 points, 2<sup>nd</sup> 5 points 3<sup>rd</sup> 4 points, 4<sup>th</sup> 3 points, 5<sup>th</sup> 2 points, 6<sup>th</sup> 1 point.

Squadron relay 1<sup>st</sup> 6 points, 2<sup>nd</sup> 4 points, 3<sup>rd</sup> 2 points.

The team with the highest number of Gala points is awarded 3 League points 2<sup>nd</sup>. 2 points, 3<sup>rd</sup>. 1 point.

In the event of teams being tied 1<sup>st</sup> on gala points then League points will be shared as 3 each.

Tied for 2<sup>nd</sup> place will be awarded 2 points each.

**10. Division 1**

The team, achieving the greatest number of League points will be declared League champions for the year. In the event of an equal number of League points then the highest total number of Gala points earned will decide League positions. Should there still be a tie then the winning team will be chosen on countback through places of the final gala and the team with most 1<sup>st</sup> places being the winner. If necessary the lower placings will be counted until a winner is finally found. The club with the lowest number of gala points will be relegated to division 2 for the following season.

Clubs in Division 1 are expected to organise any gala of the League programme that they are seeded as hosts. Host clubs may discuss with both clubs due to attend that gala and elect to allow one of those clubs to host the meet.

**11. Division 2**

The team with the highest total of accumulated league points over the season shall be declared the Division 2 winner and be promoted to division 1 for the following season. In the event of an equal number of League points then the total number of Gala points earned will decide League positions. Should there still be a tie then the winning team will be chosen on countback through places of the final gala and the team with most 1<sup>st</sup> places being the winner. If necessary, the lower placings will be counted until a winner is finally found

**12. The programme for both divisions shall contain:-**

50m Individual races on all four strokes for U/12 & U/14

100m individual races on all 4 strokes for U/16 & Open.

100m Individual Medleys for U/12, U/14, U/16 & Open.

Mixed Medley and freestyle relays U/12, U/14, U/16 and Open.

A freestyle squadron relay incorporating all 4 ages, swum as the last race of the programme in ascending age order of girl/boy.

All relay races shall be 50m for each leg,

**13. Swimmers who have competed for a club or team in either division in any one year's competition may not swim for another club or team in that year's competition. However, if a club has 2 teams in the league then a swimmer may be promoted to the higher team but no swimmer, having swum in the higher team may be demoted to the lower team. All swimmers must be members of the club they are representing and the penalty for any club contravening these conditions is the loss of all their points for that gala.**

If a swimmer is registered with more than one club competing in the league, it is their right under swim England law 6.8, to choose which club they wish to represent. As a matter of courtesy, they must inform all clubs concerned, of their choice in advance of the season.

**14. Clubs shall submit their team sheet to the host club through the normal Hy-Tek system. These must be emailed to be received up to a time published by the host club for each gala. Any further changes may be made on the night using the official change of swimmer form.**

**15. Host clubs must email the completed PDF results & Scores files to the league secretary by midday the day after the gala.**

**16. Teams wishing to join the league must register their intent with the league secretary for submission at the AGM. At the end of the following league season the team finishing last in Division 2 shall be demoted to the bottom of the waiting list and the team at the top of the waiting list shall be promoted to Division 2. The demoted team shall be eligible to rejoin the bottom of the waiting list. The first team on the waiting list may swim as a guest team at any gala held in an 8 lane pool in the unused outer lanes after consulting the host club.**

**17. All "Host" clubs shall submit, to the league secretary, an account showing pool hire cost and Door takings for each gala they host. The seasons total costs will then be equally shared out between each team in the league.**

**These rules were distributed on 22<sup>nd</sup> October 2023 Please destroy all previous copies.**