SUSSEX COUNTY ASA
BOYS (U/14) LONG COURSE RECORDS

EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	25.32	Matt Powell	1994	Crawley	04/10/2008	K2 Crawley
100 FREE	54.53	Matt Powell	1994	Crawley	26/07/2008	Ponds Forge Sheffield
200 FREE	2.00.74	Matt Powell	1994	Crawley	25/07/2008	Ponds Forge Sheffield
400 FREE	4.16.71	Joel Thompson	2001	Shiverers	18/04/2015	K2 Crawley
800 FREE	9.26.83	Henry Young	1995	Shiverers	21/03/2009	K2 Crawley
1500 FREE	17.07.13	Joel Thompson	2001	Shiverers	31/07/2014	Ponds Forge Sheffield
50 BACK	30.28	Matthew Hind	2004	Brighton	11/02/2018	County Championships K2 Crawley
100 BACK	1.02.46	Matt Powell	1994	Crawley	25/07/2008	Ponds Forge Sheffield
200 BACK	2.16.43	Matthew Hind	2004	Brighton	04/08/2018	Swim England Summer Championships. Ponds Forge Sheffield
50 BREAST	32.61	Jacob davis	2004	Atlantis	10/02/2018	County Championships K2Crawley
100 BREAST	1.11.02	Michael Edwards	2004	Mid Sussex Marlins	13/05/2018	Region Championships K2 Crawley
200 BREAST	2.35.23	Michael Edwards	2004	Mid Sussex Marlins	01/04/2018	Beckenham open London Aquatics centre
50 FLY	27.76	Matt Powell	1994	Crawley	27/07/2008	Ponds Forge Sheffield
100 FLY	58.47	Matt Powell	1994	Crawley	27/07/2008	Ponds Forge Sheffield
200 FLY	2.23.57	Henry Young	1995	Shiverers	15/06/2008	K2 Crawley
200 IM	2.17.89	Joel Thompson	2001	Shiverers	10/05/2015	Coventry
400 IM	4.48.68	Joel Thompson	2001	Shiverers	09/05/2015	Coventry

SUSSEX COUNTY ASA
BOYS JUNIOR (U/16) LONG COURSE RECORDS

EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	24.41	Thomas Exall	2002	Hailsham	31/07/2018	Swim England Summer Championships Ponds Forge. Sheffield
100 FREE	54.01	Joel Thompson	2001	Shiverers	28/07/2016	British summer Championships Ponds Forge. Sheffield
200 FREE	1.55.19	Joel Thompson	2001	Shiverers	31/07/2016	British summer Championships Ponds Forge. Sheffield
400 FREE	4.04.56	Joel Thompson	2001	Shiverers	26/07/2016	British summer Championships Ponds Forge. Sheffield
800 FREE	8.46.02	Adam Harrington	1991	Crawley	11/06/2006	K2 Crawley
1500 FREE	16.29.02	Joel Thompson	2001	Shiverers	28/07/2016	British summer Championships Ponds Forge. Sheffield
50 BACK	28.53	Josh Pankhurst	1996	East Grinstead	24/04/2011	Mountbatten centre Portsmouth
100 BACK	59.40	Oliver Goodhew	1997	Mid Sussex	03/08/2013	Ponds Forge Sheffield
200 BACK	2.08.63	Adam Harrington	1991	Crawley	26/06/2007	Glasgow
50 BREAST	30.89	Joel Thompson	2001	Shiverers	27/07/2016	British summer Championships Ponds Forge. Sheffield
100 BREAST	1.07.81	Dominic Polling	1997	Brighton	31/07/2013	National Championships Ponds Forge. Sheffield
200 BREAST	2.29.39	Dominic Polling	1997	Brighton	23/07/2012	National Championships Ponds Forge. Sheffield
50 FLY	26.73	Harry Stacey	2000	Shiverers	13/02/2016	County Championships K2 Crawley
100 FLY	58.47	Matt Powell	1995	Crawley	27/07/2008	Early Bird K2 Crawley
200 FLY	2.14.41	Harry Stacey	2000	Shiverers	27/02/2016	County Championships K2 Crawley
200 IM	2.09.05	Joel Thompson	2001	Shiverers	30/07/2016	British summer Championships Ponds Forge. Sheffield
400 IM	4.35.96	Joel Thompson	2001	Shiverers	28/07/2016	British summer Championships Ponds Forge. Sheffield

SUSSEX COUNTY ASA
MENS OPEN LONG COURSE RECORDS

EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	23.40	Alex Bowen	1995	Mid Sussex	21/07/2012	National Championships Ponds Forge. Sheffield
100 FREE	50.92	Tom Parris	1991	Hastings	19/03/2009	Ponds Forge Sheffield
200 FREE	1.50.15	Tom Parris	1991	Hastings	30/03/2010	Ponds Forge Sheffield
400 FREE	3.55.63	Tom Parris	1991	Hastings	29/03/2010	British Championships Ponds Forge. Sheffield
800 FREE	8.25.74	Adam Harrington	1991	Crawley	27/06/2009	Scottish Championships Tollcross
1500 FREE	16.28.36	Ed Castro	1988	St Bedes	01/12/2006	Bath Grand Prix
50 BACK	27.25	Alex Beck	1993	Brighton	05/05/2012	Region Championships K2 Crawley
100 BACK	57.66	Adam Harrington	1991	Crawley	16/03/2009	Ponds Forge Sheffield
200 BACK	2.02.69	Adam Harrington	1991	Crawley	18/03/2009	Ponds Forge Sheffield
50 BREAST	28.04	George Hopkins	1999	Crawley	25/07/2018	British summer Championships Ponds Forge. Sheffield
100 BREAST	1.03.19	George Hopkins	1999	Crawley	31/07/2018	Swim England Summer Championships. Ponds Forge. Sheffield
200 BREAST	2.21.57	Dominic Polling	1997	Brighton	10/08/2014	National Champ's Ponds Forge. Sheffield
50 FLY	24.65	Ben Hutchinson	1986	Crawley	28/06/2007	Glasgow
100 FLY	54.90	Callum Hillicks	1991	Crawley	01/08/2009	National Champ's Ponds Forge. Sheffield
200 FLY	2.01.33	Ed Castro	1988	St Bedes	16/03/2009	Ponds Forge Sheffield
200 IM	2.04.32	Adam Harrington	1991	Crawley	09/07/2009	European Junior Champs. Prague
400 IM	4.21.85	Adam Harrington	1991	Crawley	01/04/2010	National Championships Ponds Forge. Sheffield

All records swum at Licensed meets are automatically accepted but please ensure that an application form is sent in to swimming.entries@sussexswimming.org to ensure it is not missed.
Record claims for swims at non licensed meets must be made within 28 days of the swim with proof of the result.
"e" Certificates for records are sent out to all ratified claims.