

SUSSEX COUNTY ASA GIRLS (U/14) LONG COURSE RECORDS						
EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	28.67	Hannah Ashby	23/04/2001	Beacon	17/04/2015	Olympic pool. Stratford.
100 FREE	1.00.79	Emma Eaves	31/12/1990	Brighton	27/11/2004	Crystal Palace
200 FREE	2.11.16	Charlotte Johnson	06/11/2003	Mid Sussex Marlins	31/07/2004	Ponds Forge Sheffield
400 FREE	4.34.50	Charlotte Johnson	06/11/2003	Mid Sussex Marlins	28/05/2017	Region Championships K2 Crawley
800 FREE	9.22.93	Charlotte Johnson	06/11/2003	Mid Sussex Marlins	27/05/2017	Region Championships K2 Crawley
1500 FREE	18.04.96	Camilla Freeman	18/06/1993	East Grinstead	09/06/2007	K2 Crawley
50 BACK	31.30	Sophie Shaw	20/10/2002	Mid Sussex Marlins	03/08/2016	Ponds Forge Sheffield
100 BACK	1.07.14	Sophie Shaw	20/10/2002	Mid Sussex Marlins	27/07/2016	Ponds Forge Sheffield
200 BACK	2.30.22	Chloe Pollard	04/05/1997	East Grinstead	01/05/2011	K2 Crawley
50 BREAST	35.06	Claire manton	29/07/1987	Brighton	05/05/2001	Crystal Palace
100 BREAST	1.14.93	Federica Williamson	12/01/1997	Crawley	31/07/2010	Ponds Forge Sheffield
200 BREAST	2.46.91	Federica Williamson	12/01/1997	Crawley	29/07/2010	Ponds Forge Sheffield
50 FLY	30.42	Claire manton	29/07/1987	Brighton	24/06/2001	Crystal Palace
100 FLY	1.05.77	Emma Eaves	31/12/1990	Brighton	29/07/2004	Ponds Forge Sheffield
200 FLY	2.26.93	Emma Eaves	31/12/1990	Brighton	20/06/2004	Crystal Palace
200 IM	2.28.78	Emma Eaves	31/12/1990	Brighton	13/06/2004	Crystal Palace
400 IM	5.13.81	Emma Eaves	31/12/1990	Brighton	19/06/2004	Crystal Palace

SUSSEX COUNTY ASA GIRLS JUNIOR (U/16) LONG COURSE RECORDS						
EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	26.41	Mai Alland	29/08/1993	B'Hill & H'Heath	02/08/2009	National Champ's Ponds Forge. Sheffield
100 FREE	59.88	Sophie Brooks	30/01/1994	Crawley	28/07/2009	National Champ's Ponds Forge. Sheffield
200 FREE	2.08.44	Sophie Brooks	30/01/1994	Crawley	27/07/2009	National Champ's Ponds Forge. Sheffield
400 FREE	4.31.00	Charlotte Woolliscroft	14/11/1990	Shiverers	27/11/2005	Aldershot Garrison Pool
800 FREE	9.15.53	Charlotte Woolliscroft	14/11/1990	shiverers	05/08/2006	Ponds Forge Sheffield
1500 FREE	17.40.07	Charlotte Woolliscroft	14/11/1990	Shiverers	05/08/2006	Ponds Forge Sheffield
50 BACK	30.89	Sophie Maguire	20/10/2001	Mid Sussex Marlins	29/04/2017	Region Championships. High Wycombe
100 BACK	1.05.96	Sophie Shaw	20/10/2002	Mid Sussex Marlins	26/03/2017	Surrey Sports Park. Guildford
200 BACK	2.24.13	Stephanie Ketley	23/01/1993	St Bedes	29/07/2008	Ponds Forge Sheffield
50 BREAST	33.77	Isabella Rose Berlin	29/09/2001	Crawley	05/08/2017	Swim England Summer Meet Ponds Forge. Sheffield
100 BREAST	1.14.27	Federica Williamson	12/01/1997	Crawley	09/05/2012	UK School Games London Aquatics Centre
200 BREAST	2.42.98	Tya Allum	10/11/1992	Crawley	03/05/2008	Ponds Forge Sheffield
50 FLY	28.43	Abby Jackson	14/12/2001	Crawley	27/07/2016	British Summer Championships. Sheffield
100 FLY	1.02.41	Abby Jackson	14/12/2001	Crawley	31/07/2016	British Summer Championships. Sheffield
200 FLY	2.18.24	Abby Jackson	14/12/2001	Crawley	27/07/2017	British Summer Championships. Sheffield
200 IM	2.28.78	Emma Eaves	30/01/1994	Brighton	13/06/2004	K2 Crawley
400 IM	5.13.81	Emma Eaves	30/01/1994	Brighton	19/06/2004	Crystal Palace

SUSSEX COUNTY ASA	
WOMENS OPEN LONG COURSE RECORDS	

EVENT	TIME	SWIMMER	D.O.B	CLUB	DATE SWUM	VENUE
50 FREE	25.61	Hannah Keen	12/04/1986	Hastings	27/10/2012	British Masters Ponds Forge. Sheffield
100 FREE	57.52	Hannah Keen	12/04/1986	Hastings	29/06/2013	BritishChamp's Ponds Forge. Sheffield
200 FREE	2.02.97	Charlotte Woolliscroft	14/11/1990	Shiverers	31/01/2010	Burns Open Ponds Forge. Sheffield
400 FREE	4.15.71	Charlotte Woolliscroft	14/11/1990	Shiverers	02/08/2009	National Champ's Ponds Forge. Sheffield
800 FREE	8.44.57	Charlotte Woolliscroft	14/11/1990	Shiverers	18/03/2009	Ponds Forge Sheffield
1500 FREE	16.54.16	Charlotte Woolliscroft	14/11/1990	Shiverers	21/03/2009	K2 Crawley
50 BACK	30.25	Zoe Cawsey	13/10/1999	Atlantis	29/07/2017	British Summer Championships. Sheffield
100 BACK	1.05.93	Charlotte Woolliscroft	14/11/1990	Shiverers	19/04/2009	K2 Crawley
200 BACK	2.20.10	Charlotte Woolliscroft	14/11/1990	Shiverers	19/04/2009	K2 Crawley
50 BREAST	33.00	Lily davis	15/11/1999	Atlantis	25/07/2017	British Summer Championships. Sheffield
100 BREAST	1.12.49	Federica Williamson	12/01/1997	Crawley	25/01/2014	Zonal Championships Millfield
200 BREAST	2.41.43	Rebecca Lobley	21/11/1995	Atlantis	07/08/2014	National Champ's Ponds Forge. Sheffield
50 FLY	28.17	Rachael Bowen	09/06/1990	Mid Sussex Marlins	30/04/2016	Mountbatten centre. Portsmouth
100 FLY	1.02.41	Abby Jackson	14/12/2001	Crawley	31/07/2016	British Summer Championships. Sheffield
200 FLY	2.18.24	Abby Jackson	14/12/2001	Crawley	27/07/2017	British Summer Championships. Sheffield
200 IM	2.19.67	Eleanor Morris	16/01/1999	Crawley	01/05/2017	Region Youth Championships. High Wycombe
400 IM	5.02.95	Eleanor Morris	16/01/1999	Crawley	28/05/2017	London may Open meet London Aquatics Centre

All records swum at Licensed meets are automatically accepted but please ensure that an application form is sent in to swimming.entries@sussexswimming.org to ensure it is not missed. Record claims for swims at non licensed meets must be made within 28 days of the swim with proof of the result.

"e" Certificates for records are sent out to all ratified claims.