

**Sussex County ASA.Short Course championships. 17th & 18th October 2026
to be held at K2 - Crawley**

Short course entry times from licensed meets (Levels 1 -4) held since 21st October 2025 are accepted for entry to this meet.
L/C to S/C conversions using the ASA equivalent performance tables are permitted.

This event is licensed Level 2 for entry to Region & National short course winter Championships, County & Regional Championships & Level 1 & 2 open meets.

All entries will be checked against the current British national rankings and any entry that cannot be verified as a licensed time, set during the prescribed qualifying period, will be deleted.

Para-swimming entries (S1-S14) are exempt from the QT requirements but all entry times must show on the National Rankings.

Ages for this event are as at 31st December 2026

Entries for this event close on Midday Wednesday 7th October 2026, when a period of 48 hours will be allowed for any errors to be corrected.

Entries are £9.00 per event and will be invoiced once all entries have been validated and accepted.

Fees must be paid by Bacs and must be received by the date shown on the invoice.

All entries must be sent to sussexgalas@gmail.com

Open/Male Qualifying Times								2026	Female Qualifying Times							
10 yrs Born	11 yrs Born	12 yrs Born	13 yrs Born	14 yrs Born	15 yrs Born	16 yrs Born	17+ Yrs Born 2009 or earlier	Events	10 yrs Born	11 yrs Born	12 yrs Born	13 yrs Born	14 yrs Born	15 yrs Born	16 yrs Born	17+ Yrs Born 2009 or earlier
2016	2015	2014	2013	2012	2011	2010			2016	2015	2014	2013	2012	2011	2010	
39.00	35.00	32.00	30.00	28.00	27.00	26.00	26.00	50m Free	40.00	35.00	33.00	31.00	30.00	30.00	29.00	29.00
46.00	41.00	37.00	36.00	34.00	32.00	31.00	31.00	50m Back	45.00	41.00	38.00	36.00	35.00	34.00	34.00	34.00
52.00	49.00	44.00	40.00	38.00	36.00	34.00	34.00	50m Breast	52.00	47.00	43.00	41.00	40.00	39.00	38.00	38.00
48.00	41.00	37.00	35.00	31.00	30.00	29.00	29.00	50m Fly	47.00	40.00	37.00	34.00	33.00	33.00	32.00	32.00
1.26.0	1.19.0	1.12.0	1.04.0	1.02.0	59.00	58.00	55.00	100m Free	1.25.0	1.20.0	1.11.0	1.07.0	1.05.0	1.04.0	1.03.0	1.03.0
1.40.0	1.29.0	1.25.0	1.16.0	1.13.0	1.09.0	1.08.0	1.04.0	100m Back	1.38.0	1.30.0	1.21.0	1.16.0	1.14.0	1.13.0	1.12.0	1.12.0
1.54.0	1.40.0	1.37.0	1.28.0	1.24.0	1.19.0	1.17.0	1.12.0	100m Breast	1.53.0	1.43.0	1.36.0	1.31.0	1.26.0	1.25.0	1.24.0	1.24.0
1.56.0	1.35.0	1.27.0	1.17.0	1.13.0	1.08.0	1.08.0	1.01.0	100m Fly	1.50.0	1.45.0	1.28.0	1.21.0	1.16.0	1.15.0	1.14.0	1.13.0
1.37.0	1.26.0	1.22.0	1.14.0	1.10.0	1.09.0	1.08.0	1.02.0	100m I.M.	1.40.0	1.30.0	1.23.0	1.18.0	1.15.0	1.14.0	1.13.0	1.12.0
3.06.0	2.50.0	2.36.0	2.23.0	2.15.0	2.14.0	2.09.0	2.03.0	200m Free	3.13.0	2.50.0	2.35.0	2.25.0	2.19.0	2.19.0	2.19.0	2.19.0
3.33.0	3.13.0	3.04.0	2.43.0	2.38.0	2.34.0	2.30.0	2.24.0	200m Back	3.25.0	3.10.0	2.53.0	2.45.0	2.38.0	2.38.0	2.38.0	2.35.0
4.00.0	3.40.0	3.28.0	3.10.0	3.00.0	2.55.0	2.50.0	2.40.0	200m Breast	3.55.0	3.35.0	3.29.0	3.15.0	3.00.0	3.00.0	3.00.0	3.00.0
4.10.0	3.35.0	3.30.0	3.10.0	2.50.0	2.42.0	2.40.0	2.30.0	200m Fly	4.01.0	3.50.0	3.25.0	3.05.0	3.00.0	3.00.0	3.00.0	2.55.0
3.25.0	3.10.0	2.57.0	2.44.0	2.35.0	2.32.0	2.30.0	2.20.0	200m I.M.	3.40.0	3.15.0	2.55.0	2.50.0	2.40.0	2.38.0	2.38.0	2.37.0
No Event		5.45.00				5.30.00		400m I.M.	No Event		6.15.00				6.00.00	
5.30.00				5.00.00		4.45.00		400m Free	5.25.00				5.10.00		5.00.00	
No Event		10.15.00				10.00.00		800m Free	No Event		10.30.00				10.20.00	
No Event		20.15.00				19.30.00		1500m Free	No Event		21.00.00				20.30.00	

1500 Free, 800 Free 400 Free & 400 IM events are Championship events only, no age group awards will be given.

1500 Free, 800 Free will consist of two heats with the 8 Fastest Junior entries & the 8 Fastest Senior entries being accepted.

The 400IM will consist of 2 heats with the 8 fastest Juniors & 8 Fastest Seniors being accepted.

The 400 Free events will consist of 3 heats.

The 8 Fastest 10/13yrs, 8 fastest 14/15 yrs Junior championship & 8 fastest 16/Over Senior championship being accepted.

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